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Mae Brechu yn achub bywydau  
Vaccination saves lives

# Pecyn adnoddau rhaglen imiwneiddio rhag yr eryr ar gyfer Ymarferyddion Gofal Iechyd

Mae'r ddogfen yma wedi cael ei chynllunio i helpu ymarferyddion gofal iechyd i gynllunio eu rhaglen imiwneiddio rhag yr eryr.



## Gwirio eich gwybodaeth: hyfforddiant a dysgu

- Mae gwybodaeth am hyfforddiant imiwneiddio a chyfres o sleidiau am y rhaglen frechu rhag yr eryr ar gael ar y **dudalen Adnoddau Hyfforddi a Digwyddiadau**. Bydd modiwl eDdysgu am yr eryr yn cael ei ddatblygu a bydd ar gael yma yn gynnar yn 2024: **e-Ddysgu-Imiwneiddio - Iechyd Cyhoeddus Cymru (gig.cymru)**.



- Os ydych chi wedi cofrestru o'r newydd i imiwneiddio bydd angen i chi gwblhau'r rhaglen Imiwneiddio ar gyfer imiwneiddwyr newydd, sydd ar gael yma: **e-Ddysgu-Imiwneiddio - Iechyd Cyhoeddus Cymru (gig.cymru) a'r competency assessment tool**.
- Dylid ystyried Gweithwyr Cefnogi Gofal Iechyd (HCSWs) sydd wedi cyflawni addysg a hyfforddiant i Lefel tri y Fframwaith Cymwysterau a Chredydau

(QCF) neu gyfatebol yng Nghymru a Lloegr sydd ag o leiaf 2 flynedd o brofiad fel HCSW ar gyfer hyfforddiant mewn rhoi brechiadau. Mae'r hyfforddiant ar gyfer HCSWs yn cael ei hwyluso gan Fyrddau Iechyd ledled Cymru yn seiliedig ar y **National Minimum Standards and Core Curriculum for Immunisation Training of HCSWs**.

- Dylai'r rhai sy'n newydd i imiwneiddio gael hyfforddiant cynhwysfawr ar imiwneiddio, yn ddefnyddol drwy gwrs sylfaen ffurfiol. Dylai ddilyn fframwaith sy'n annog ymarfer a chefnogaeth dan oruchwyliaeth a hefyd yn galluogi asesiad cadarn o gymhwysedd. Mae gan adnodd asesu cymhwysedd y Coleg Nyrso Brenhinol **assessment tool for HCSWs**.
- Darllenwch **Shingles Green Book chapter 28a** a **UKHSA Shingles vaccination: guidance for healthcare professionals** (\*\*Cofiwch fod y polisi yn Lloegr yn wahanol i Gymru mewn perthynas â chynnig manteisgar o frechiad yr eryr, a fyddech cystal â chadw hyn mewn cof wrth gyfeirio at y ddogfen yma\*\*)
- Darllenwch Gylichlythyr Iechyd Cymru: **Newidiadau i Frechiadau'r Eryr (o fis Medi 2023 ymlaen) (WHC/2023/024)**.
- Rhannu'r dysgu gyda phawb sy'n gysylltiedig â'r rhaglen, gan gynnwys staff derbynfa sy'n archebu apwyntiadau. Ystyriwch ddefnyddio'r **gyfres sleidiau genedlaethol sy'n rhoi sylw i'r eryr** i gynnal sesiwn hyfforddiant a gwybodaeth i gydweithwyr.

## Adnoddau clinigol

Nodwch y gwefannau defnyddiol canlynol er mwyn i chi allu cyfeirio atynt yn gyflym os oes angen:

- **Shingles (herpes zoster): the green book, chapter 28a - GOV.UK ([www.gov.uk](http://www.gov.uk))**
- **ICC - Gwybodaeth am yr eryr i weithwyr iechyd proffesiynol - tudalen micro-safle**
- **ICC - Cwestiynau Cyffredin am yr Eryr ([sharepoint.com](http://sharepoint.com))**
- **ICC: Rhaglen frechu rhag yr eryr GIG Cymru - Adnodd gweledol ar gyfer Gweithwyr Gofal Iechyd Proffesiynol**
- **UKHSA Shingles vaccination: guidance for healthcare practitioners - GOV.UK ([www.gov.uk](http://www.gov.uk))** (\*\*Cofiwch fod y polisi yn Lloegr yn wahanol i Gymru mewn perthynas â chynnig manteisgar o frechiad yr eryr, a fydddech cystal â chadw hyn mewn cof wrth gyfeirio at y ddogfen yma\*\*)
- **Cysylltiadau timau brechu'r Byrddau Iechyd**



## Yr adnoddau clinigol eraill sy'n ofynnol

**PGD/PSDs:** Mae angen PGD bwrdd iechyd lleol awdurdodedig priodol ar gyfer Zostavax® a Shingrix® neu Gyfarwyddyd Penodol i Gleifion (PSD), y mae rhagnodwr wedi'i baratoi, os yw staff anghofrestredig yn rhoi'r brechiad neu os yw'r claf y tu allan i gylch gorchwyl PGD.

**Nid yw haint yr eryr yn gysylltiedig â'r tymor, ond mae'n gysylltiedig ag oedran felly peidiwch â gadael i'ch cleifion aros. Efallai mai brechiad yr eryr fydd eu hanrheg pen-blwydd gorau eleni.**



## Archebu neu lawrlwytho eich adnoddau am ddim

Adnoddau **am ddim** i gleifion ar gael yn [icc.gig.cymru/gwybodaeth-iechyd](http://icc.gig.cymru/gwybodaeth-iechyd) gan gynnwys:

- ✓ **Poster cymhwysedd yr eryr**
- ✓ **Taflen brechiad yr eryr**



Mae adnoddau proffesiynol ar gael ar ein **tudalen micro-safle** gan gynnwys:

- ✓ **ICC: Rhaglen frechu rhag yr eryr GIG Cymru - Adnodd gweledol ar gyfer Gweithwyr Gofal Iechyd Proffesiynol**
- ✓ **Templedi llythrau gwahoddiad brechiad yr eryr (un gyda dyddiad / amser ar gyfer apwyntiad, un cyswllt agored).**

# Cynllunio eich rhaglen

## Cofiwch

- ✓ Mae posib cynnig brechiad rhag yr eryr drwy gydol y flwyddyn.
- ✓ Cynllunio i gynnig y brechiad o fewn 12 wythnos i'ch claf droi'n 65 neu 70 oed.
- ✓ Dal i fyny â chleifion sydd ag imiwnoddiffygiant o 50 oed fel blaenoriaeth ym mlwyddyn gyntaf y newid rhaglen (Medi 2023 - Medi 2024).
- ✓ Mae'r rhai a oedd yn gymwys ar gyfer brechiad yr eryr cyn 01 Medi 2023 (70 i 79 oed cyn 01/09/2023) yn parhau'n gymwys.
- ✓ Os yw unigolyn eisoes wedi cyrraedd neu wedi pasio 65 oed ond heb fod yn 80 oed eto (hyd at 2028), gall meddygfeydd ddarparu ar gyfer brechiad manteisgar os yw'n weithredol bosibl.

## Camau Gweithredu

- Nodwch eich cleifion cymwys nad ydynt wedi cael brechiad yr eryr yn flaenorol:
  - Y rhai sy'n cyrraedd 65 a 70 oed yn ystod pob mis (gan ddefnyddio chwiliad e.e., Audit+) gan gynnwys cleifion sy'n gaeth i'r tŷ / cleifion mewn cartrefi gofal.
  - Y rhai 50 oed a hŷn sydd ag imiwnoddiffygiant difrifol.
- Sicrhau bod staff wedi derbyn hyfforddiant priodol ar gyfer rhoi brechiad(au) yr eryr a'u bod wedi'u hasesu gan ddefnyddio **RCN competency assessment tool**.
- Sicrhau bod PGDs awdurdodedig cyfredol ar gael i'r rhai sy'n cofrestru.
- Pan fydd staff anghofrestredig yn rhoi'r brechiad, dylai rhagnodwr asesu a pharatoi PSD ar gyfer awdurdodiad cyfreithiol ac mewn achosion lle mae'r claf y tu allan i gylch gochswyl PGD.
- Sicrhau bod y PGDs a **Shingles Green Book Chapter 28a** ar gael i gyfeirio atynt wrth drafod brechu gyda chleifion a gwirio eu hanes meddygol. Bydd hyn yn cynorthwyo yn yr asesiad i benderfynu ar y brechiad priodol ar gyfer y claf priodol (tra bo Zostavax® ar gael o hyd i gleifion a oedd yn gymwys i gael brechiad yr eryr cyn 01 Medi 2023).
- Sicrhau bod cleifion sy'n gymwys o'r newydd yn cael gwahoddiad o fewn 12 wythnos i ddod yn gymwys gan ddefnyddio system alw / ailalw gadarn yn ôl y cyfarwyddyd yn **WHC/2023/023**. Rhaid gwneud tri ymgais i gysylltu â chleifion cymwys, gall y rhain fod yn alwadau, e-byst, negeseuon testun neu wahoddiadau ysgrifenedig. **Rhaid** i o leiaf un fod yn wahoddiad ysgrifenedig. Mae llythyrau templed gyda gwahoddiad i gael brechiad yr eryr ar gael **yma** o dan yr adran 'adnoddau a gwybodaeth glinigol'.
- Gwnewch yn siŵr bod apwyntiad ail ddos yn cael ei drefnu neu ei drafod gyda'r claf pan fydd yn cael Shingrix.
- Gwnewch yn siŵr bod cleifion cymwys yn cael eu fflagio ar y system i hyrwyddo brechu manteisgar (er enghraifft, ar gais claf, mewn clinigau afiechydon cronig, apwyntiadau arferol).
- Bob mis / chwarter, diweddarwch eich rhestr o gleifion sy'n parhau i fod yn gymwys ar y cynllunydd brechu rhag yr eryr a rhoi adborth ar y cynnydd sydd wedi'i wneud yng nghyfarfodydd y feddygfa.
- Cofiwch ychwanegu eich gofyniad am frechiad yr eryr gyda'ch archeb brechiadau plentyndod drwy ImmForm. Ceisiwch beidio â chadw mwy na phythefnos o stoc.
- Mae posib dod o hyd i ddangosfwrdd cyfrifo niferoedd Cymru Gyfan, Byrddau Iechyd, Awdurdodau Lleol a Meddygon Teulu **yma** (mae posib allforio data'r dangosfwrdd i Excel drwy glicio ar y botwm Lawrlwytho ar ochr dde uchaf y dangosfwrdd a dewis Crosstab).
- Dathlwch eich llwyddiant: rhannwch fentrau rydych chi wedi'u defnyddio i gynyddu'r niferoedd sy'n manteisio ar y brechiad gydag Uwch Nyrs (Imiweiddio a Brechu) / Cydlynnydd Imiweiddio eich **bwrrd iechyd lleol**.

**Cofiwch hysbysu cleifion bod cael eu brechiad arferol rhag yr eryr yn ffordd dda o ofalu am eu hiechyd fel eu bod yn gallu dal ati i fwynhau bywyd a lleihau eu risg o ddatblygu'r eryr.**

DS: mae rhai o'r dolenni sydd wedi'u cynnwys yn yr wybodaeth hon yn arwain at gynnwys sydd wedi'i greu gan sefydliadau eraill ac efallai na fydd ar gael yn y Gymraeg.



## Remember

- ✓ Shingles vaccination can be offered all year round.
- ✓ To plan to offer the vaccine within 12 weeks of your patient turning 65 or 70 years old.
- ✓ To catch up immunosuppressed patients from aged 50 as a priority in the first year of the programme change (September 2023 - September 2024).

- ✓ Those that were previously eligible for the shingles vaccine prior to 01 September 2023 (aged 70 – 79 years before 01/09/2023) remain eligible.
- ✓ Where an individual has already attained or passed the age of 65 but not yet 80 (up until 2028), general practices can accommodate opportunistic vaccination if operationally possible.

## Actions

- Identify your eligible patients who have not received shingles vaccine previously:
  - Those reaching 65 and 70 years of age during each month (using search e.g., Audit+) including household patients / patients in care homes.
  - Those severely immunosuppressed aged 50 years and over.

### assessment tool.

- Ensure staff have received appropriate training for administration of shingles vaccine(s) and have been assessed using the **RCN competency assessment tool**.
- Ensure current in-date authorised PGDs are available for registrants.
- When non-registered staff are administering the vaccine, a prescriber should assess and prepare a PSD for legal authorisation and in instances where the patient is outside the remit of a PGD.

### Chapter 28a and the Shingles Green Book

- Have the PGDs and the **Shingles Green Book Chapter 28a** available to refer to when discussing vaccination with patients and checking their medical history. This will aid assessment to determine the right vaccine for the right patient (while Zostavax® still available for patients who were previously eligible for shingles vaccine prior to 01 September 2023).
- Ensure newly eligible patients are invited within 12 weeks of becoming eligible using a robust call/recall as directed in **WHC/2023/023**. There should be three attempts to contact eligible patients, these can be calls, emails, text messages or written invitations. At least one **must** be a written invitation. Shingles invitation template letters are available **here** under clinical resources and information section.



**Remember to advise patients that having their routine shingles vaccine is a good way of looking after their health so that they can get on with enjoying life reducing their risk of developing shingles.**

- Celebrate your success: share initiatives you have used to optimise uptake with your **local health board** Senior Nurse (Immunisation and Vaccination) / Immunisation Co-ordinator.
- An All Wales, Health Board, Local Authority and GP uptake calculation dashboard can be found **here** (the dashboard data can be exported to Excel by clicking on the Download button at the top right of the dashboard and selecting Crosstab).
- Remember to add your requirement for shingles vaccine in with your childhood vaccine order through ImmForm. Aim to hold no more than 2 weeks' worth of stock.
- Each month/quarter, update your list of patients still eligible on the shingles vaccination planner and feedback progress made at practice meetings.
- Remember to add your requirement for shingles vaccine in with your childhood vaccine order through ImmForm. Aim to hold no more than 2 weeks' worth of stock.
- An All Wales, Health Board, Local Authority and GP uptake calculation dashboard can be found **here** (the dashboard data can be exported to Excel by clicking on the Download button at the top right of the dashboard and selecting Crosstab).
- Celebrate your success: share initiatives you have used to optimise uptake with your **local health board** Senior Nurse (Immunisation and Vaccination) / Immunisation Co-ordinator.

## Clinical resources

Bookmark the following useful websites so you can refer to them quickly if needed:

- Shingles (herpes zoster): the Green Book, chapter 28a - GOV.UK (www.gov.uk)
- PHW Shingles information for health professionals microsite page



- PHW Shingles FAQ's Frequently asked questions (sharepoint.com)
- PHW: NHS Wales shingles vaccination programme Visual aid for Healthcare Professionals

- UKHSA Shingles vaccination: guidance for healthcare practitioners - GOV.UK (www.gov.uk) (\*\*Note Policy in England is different to Wales in relation to opportunistic offer of shingles vaccination, please keep this in mind while referring to this document\*\*)

- Health Board vaccine team contacts

## Other clinical resources required

**PGD/PSDs:** An appropriately authorised local health board PGD for Zostavax® and Shingrix® are required or a Patient Specific Direction (PSD), that a prescriber has prepared, if non-registered staff are administering the vaccine or if the patient is outside the remit of a PGD.

Shingles infection is not related to season, but it is related to age so don't let your patients wait. The shingles vaccine may be their best birthday present this year.

## Order or download your free resources



**Free** patient resources are available on our **Health Information Resources page** including:

- ✓ Shingles eligibility poster
- ✓ Shingles vaccination leaflet



Professional resources are available on our **microsite page** including:

- ✓ **PHW: NHS Wales shingles vaccination programme Visual aid for Healthcare Professionals**

✓ **Shingles invitation letter templates** (one with date/time for appointment, one open contact)



# Shingles immunisation programme toolkit for Healthcare Practitioners

This document has been designed to help healthcare practitioners plan their shingles immunisation programme.

## Check your knowledge: training and learning

- Immunisation training information and a shingles vaccination programme slide set are provided on the **Training Resources and Events page**. A shingles eLearning module will be developed, this will be available here in early 2024: **Immunisation eLearning - Public Health Wales (nhs.wales)**.



- If you are a registrant new to immunising you will need to complete the Immunisation programme for new immunisers, available here: **Immunisation eLearning - Public Health Wales (nhs.wales)** and the **competency assessment tool**.
- Health Care Support Workers (HCSWs) who have achieved education and training to Level three of the Qualifications and Credit Framework (QCF) or

- equivalent in England and Wales with at least 2 years' experience as a HCSW should be considered for training in vaccine administration. Training for HCSWs is facilitated by Health Boards across Wales based around the **National Minimum Standards and Core Curriculum for Immunisation Training of HCSWs**. Those new to immunisation should receive comprehensive immunisation training, preferably through a formal foundation course. It should follow a framework that encourages supervised practice and support and also enables robust assessment of competence. The Royal College of Nursing competency assessment tool has a specific **assessment tool for HCSWs**.
- Read the **Shingles Green Book chapter 28a and UKHSA Shingles vaccination: guidance for healthcare professionals**. (\*\*Note Policy in England is different to Wales in relation to opportunistic offer of shingles vaccination, please keep this in mind while referring to this document\*\*)
- Read the Welsh Health Circular: **Changes to the Shingles Vaccinations (from September 2023)** (WHC/2023/024).
- Share learning with all those involved in the programme, including reception staff booking appointments. Consider using the **national shingles slide set** to run a training and information session for colleagues.

