

## If you have been to Wuhan, or Hubei Province, China in the last 14 days ...

Stay indoors and avoid contact with others



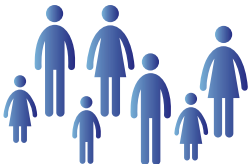
Contact NHS Direct Wales on 0845 4647 or 111 Wales if available in your area



Please follow this advice even if you do not have symptoms of the virus



Do not go to work, school or public areas



Avoid visitors in your home



Avoid using public transport or taxis



If you have been to **anywhere on mainland China** in the last 14 days and develop any of these symptoms **stay indoors and call NHS Direct Wales on 0845 4647 or 111 Wales if available in your area**



Cough



Fever



Shortness of breath