



If you have a cough, or fever, or shortness of breath and have been to any of these places in the last 14 days:

- China
- Taiwan
- Cambodia
- Thailand
- Singapore
- Laos
- Japan
- Malaysia
- Myanmar
- Republic of Korea
- Macau
- Italy outside of the lockdown areas
- Hong Kong
- Vietnam

**Stay indoors and call NHS 111**

If you have returned from these specific areas:

- Iran
- Daegu or Cheongdo in South Korea
- lockdown areas in northern Italy
- Hubei province (returned in the past 14 days)

**Make your way to your residence. Stay indoors and call NHS 111, even if you do not have symptoms**



Visit [phw.nhs.wales/coronavirus/](https://phw.nhs.wales/coronavirus/) for more information