Mae Brechu yn achub bywydau
Vaccination saves lives

GIG CYMRU NHS WALES | Iechyd Cyhoeddus Cymru | Public Health Wales

A gafodd eich plentyn ei eni rhwng 1 Ionawr 2020 a 31 Awst 2022?

Efallai y bydd yn gymwys i gael brechlyn MMRV am ddim, i helpu i'w amddiffyn rhag brech yr ieir.

Mae brech yr ieir yn lledaenu'n hawdd a gall achosi salwch difrifol. Gall brechu helpu i amddiffyn eich plentyn a lleihau lledaeniad brech yr ieir.

Efallai y cynigir un dos o'r brechlyn MMRV i'ch plentyn os nad ydyw:

- Wedi cael brech yr ieir o'r blaen
- Eisoes wedi cael dau ddos o frechlyn brech yr ieir

Mae'r cynnig hwn ar gael rhwng 1 Tachwedd 2026 a 31 Mawrth 2028.

Beth fydd yn digwydd nesaf?

Bydd eich practis meddyg teulu yn cysylltu â chi i drefnu apwyntiad brechu.

I gael rhagor o wybodaeth, ewch i:
icc.gig.cymru/MMRV-MMR

Peidiwch â cholli'r cyfle i amddiffyn eich plentyn a'r rhai o'i gwmpas

Sgania fi am ragor o wybodaeth ar MMRV

Fersiwn 1 | Tachwedd 2026
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Was your child born between 1 January 2020 and 31 August 2022?

They may be eligible for a free MMRV vaccine, which helps protect against chickenpox.

Chickenpox spreads easily and can cause serious illness. Vaccination can help protect your child and reduce the spread of chickenpox.

Your child may be offered one dose of MMRV vaccine if they:

- Have not had chickenpox before
- Have not already had two doses of a chickenpox vaccine

This offer is available from 1 November 2026 to 31 March 2028.

What happens next?

Your GP surgery will contact you to arrange a vaccination appointment.

To find out more, visit:
phw.nhs.wales/MMRV-MMR

Don't miss the opportunity to protect your child and those around them

Scan me for more information on MMRV

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