

Health Inequalities /anghydraddoldebau iechyd

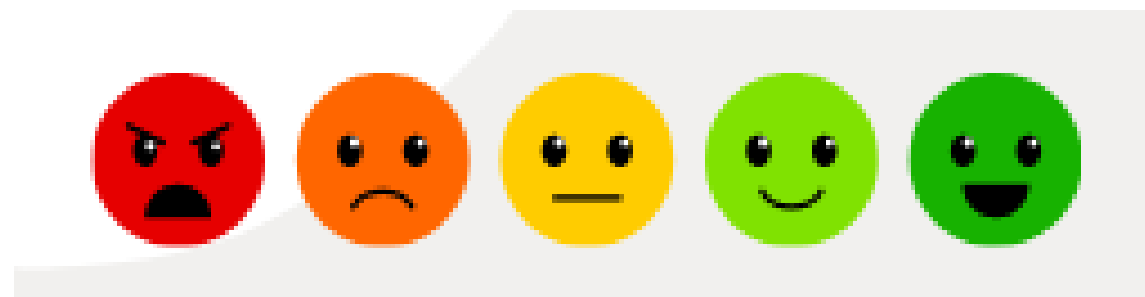
Cerys Preece, Cerys.preece@wales.nhs.uk

**Principal Public Health Practitioner, Policy & International Health,
a WHO Collaborating Centre on Investment for Health and Well-being**

**Prif Ymarferydd Iechyd Cyhoeddus, Polisi a Iechyd Rhyngwladol, Canolfan Cydweithredol
WHO ar Fuddsoddi mewn Iechyd a Lles**

What do we mean by health inequalities and how do we measure?

Health inequalities – differences in health between different groups of people, these can be measured

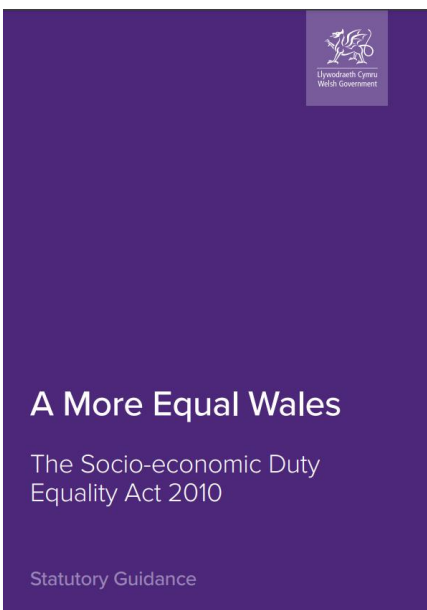
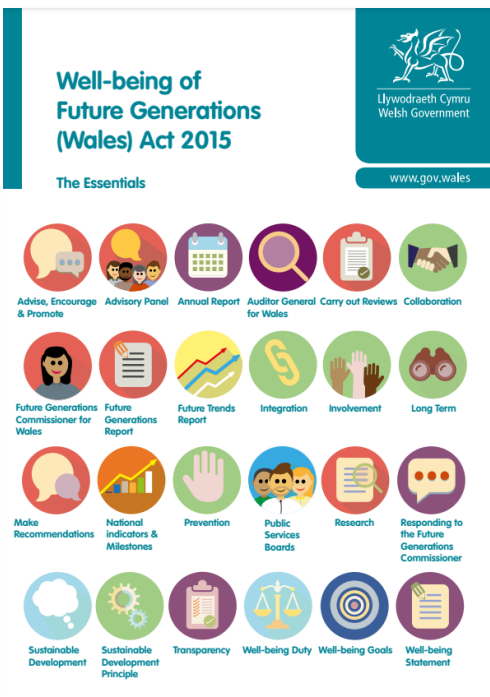


Beth rydym yn ei olygu wrth anghydraddoldebau iechyd a sut ydym ni yn mesur?

Anghydraddoldebau iechyd - gwahaniaethau mewn iechyd rhwng gwahanol grwpiau o bobl. Gellir mesur y rhain.

Key legislation

- Socio-economic Duty (Wales, 2021):** Requires public bodies to consider how strategic decisions can help reduce inequalities caused by socio-economic disadvantage.
- Equality Act 2010:** Requires public bodies to consider the impact of decisions on people with protected characteristics, promoting equality, fairness, and equal opportunity.
- Well-being of Future Generations (Wales) Act 2015:** Mandates public bodies to work towards well-being goals, including a more equal Wales, encouraging long term, preventative approaches to reducing inequality.
- The Health Impact Assessment (Wales) Regulations 2025:** require certain public bodies to carry out a Health Impact Assessment when proposing to make a decision of strategic nature.



Deddfwriaeth allweddol

- Dyletswydd Cymdeithasol-Economaidd (Cymru, 2021):** Mae'n ofynnol i gyrff cyhoeddus ystyried sut gall penderfyniadau strategol helpu i leihau anghydraddoldebau a achosir gan anfantais cymdeithasol-economaidd
- Deddf Cydraddoldeb 2010:** Mae'n ofynnol i gyrff cyhoeddus ystyried effaith penderfyniadau ar bobl gyda nodweddion diogelu, gan hyrwyddo cydraddoldeb, tegwch, a chyfleoedd cyfartal
- Deddf Llesiant Cenedlaethau'r Dyfodol (Cymru) 2015:** Mae'n swydd i gyrff cyhoeddus weithio tuag at nodau llesiant, gan gynnwys Cymru fwy cydradd, gan annog dulliau hirdymor a thrybwyll i leihau anghydraddoldeb.
- Rheoliadau Asesiad Effaith Iechyd (Cymru) 2025:** mae'n ofynnol i rai cyrff cyhoeddus wneud Asesiad Effaith Iechyd pan fyddant yn bwriadu gwneud penderfyniad o natur strategol.

Our Long-Term Strategy 2023 – 2035

The main health outcome we want to influence and support is: to increase life expectancy and narrow the gap in healthy life expectancy between the least and the most deprived.

PHW is working to reduce these inequalities by **informing, advocating,** and **mobilising action**, and by ensuring our services **deliver** for all.

We want to create a Wales where everyone has a fair chance to live well and live longer in good health



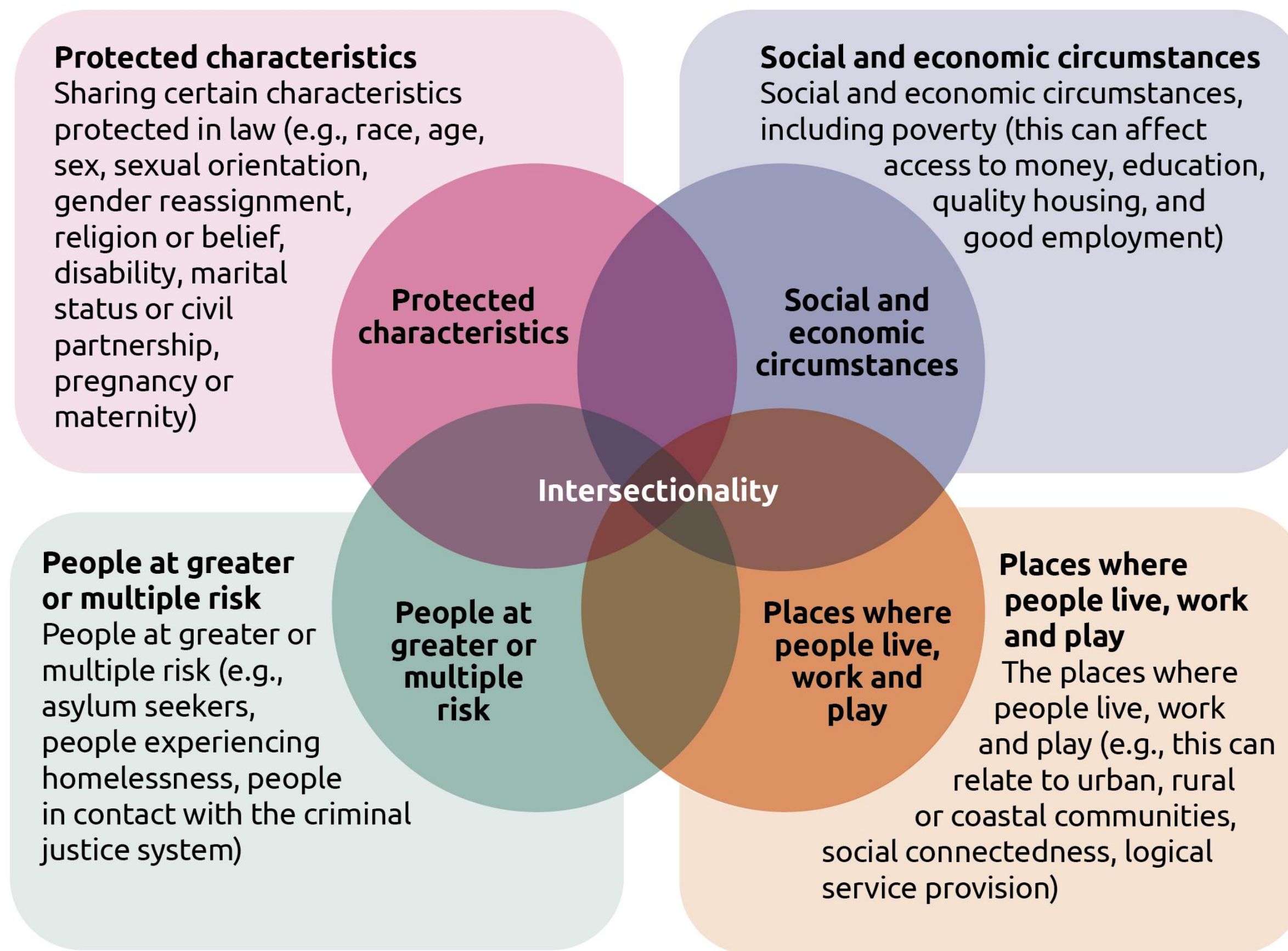
Ein strategaeth hirdymor 2023 - 2035

Y canlyniad iechyd mwyaf rydym am ei ddylanwadu a'i gefnogi yw: codi disgwyl oes ac lleihau'r bwlch mewn disgwyl oes iach rhwng y lleiaf a'r mwyaf difreintiedig

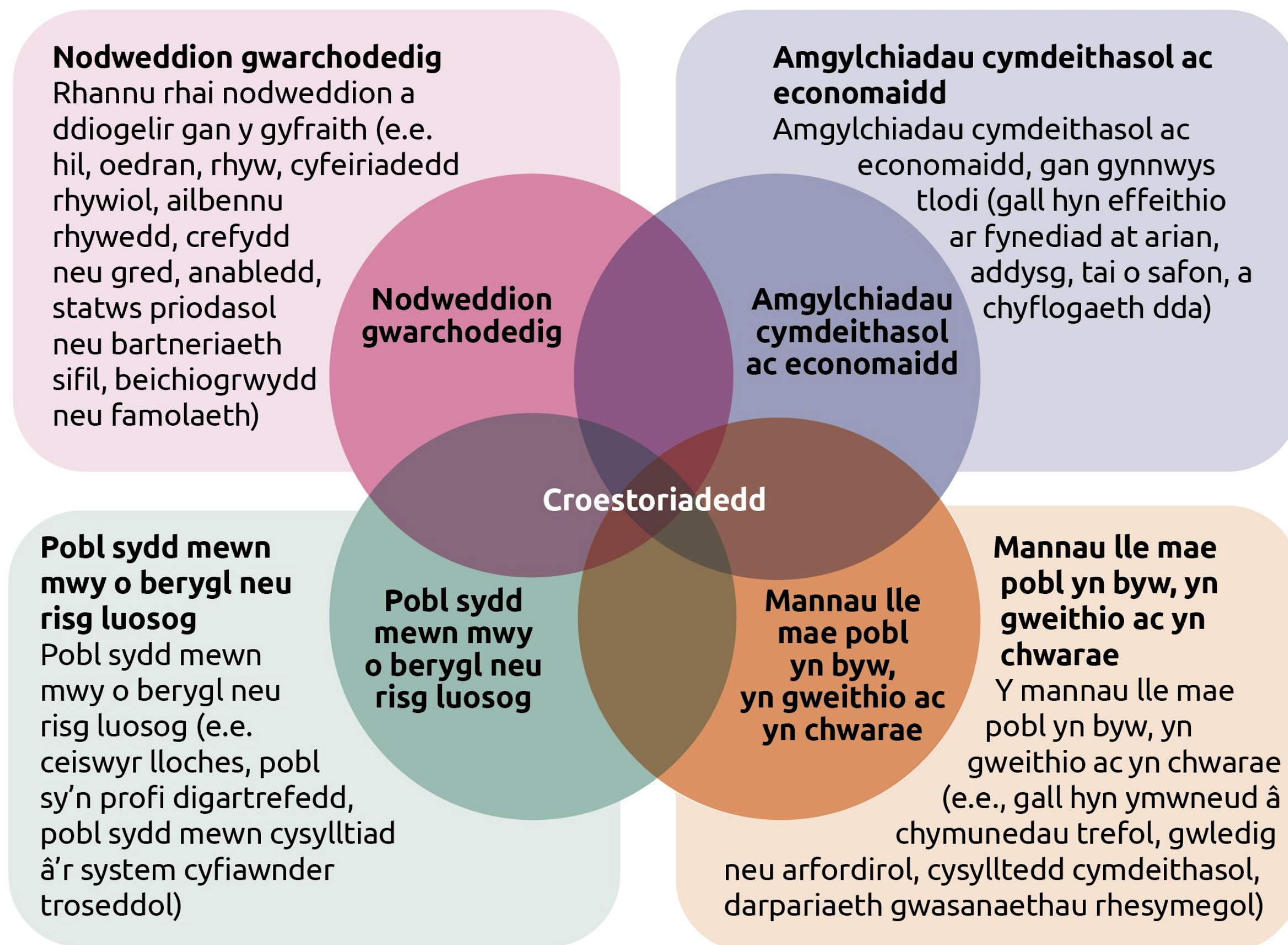
Mae ICC yn gweithio i leihau'r anghydraddoldebau hyn drwy **hysbysu, eiriol dros, a symud camau gweithredu,** a thrwy sicrhau bod ein **gwasanaethau'n** darparu ar gyfer pawb.

Rydym am greu Cymru lle mae gan bawb gyfle teg i fyw'n dda a byw'n hirach mewn iechyd da.

Who experiences health inequalities?



Pwy sydd yn profi anghydraddoldebau iechyd?



Key Terms

Health inequalities – differences in health between different groups of people, these can be measured

Health inequities – unfair and avoidable health differences between groups, often caused by things like poverty or poor living conditions

Health equity - when everyone has a fair chance to be healthy, no matter their background or situation

Equality - treating everyone the same, giving them the same rights and chances

Diffiniadau allweddol

Anghydraddoldebau iechyd - gwahaniaethau mewn iechyd rhwng gwahanol grwpiau o bobl. Gellir mesur y rhain.

Annhegwch iechyd - gwahaniaethau iechyd annheg ac y gellir eu hosgoi rhwng grwpiau, a achosir yn aml gan bethau fel tlodi neu amodau byw gwael

Tegwch iechyd - pan fydd gan bawb gyfle teg i fod yn iach, ni waeth beth fo'u cefndir na'u sefyllfa

Cydraddoldeb -trin pawb yr un fath, gan roi'r un hawliau a chyfleoedd iddyn nhw

Equality and Equity

Cydraddoldeb a Tegwch Iechyd



Health inequalities - Public Health Wales


GIG Cymru NHS Wales | Iechyd Cyhoeddus Cymru
 Public Health Wales

Our Approach to Health Inequalities

A framework for action in Public Health Wales

Public Health Wales




GIG Cymru NHS Wales | Iechyd Cyhoeddus Cymru
 Public Health Wales

Ein Dull o ran Anghydraddoldebau Iechyd

Diben

Mae'r naratif hwn yn disgrifio beth yw anghydraddoldebau iechyd a beth sy'n eu hachosi. Mae'n nodi'r rôl y mae Iechyd Cyhoeddus Cymru yn ei chwarae wrth fynd i'r afael ag anghydraddoldebau iechyd. Bwriedir y naratif hwn ar gyfer staff Iechyd Cyhoeddus Cymru er mwyn hwyluso ymgysylltu a thrafodaeth.



Mae gormod o bobl yn ein cymunedau yng Nghymru yn **yn profi iechyd gwael** neu'n **byw bywydau byrrach** oherwydd **niwed annheg ac** y gallir ei osgoi i'w hiechyd.



Er mwyn sicrhau iechyd da, mae angen i bobl gael y **sylfeini cywir** yn eu lle – fel tai da, gwaith teg, plentyndod meithrinol, a munediad.



Mae Iechyd Cyhoeddus Cymru yn gweithio i leihau'r anghydraddoldebau hyn drwy **hysbysu, eiriol dros, a symud camau gweithredu**, a thwylu sicrhau bod ein

Health equity checklist for planning and decisions

Are you working towards the PHW Long Term Strategy and performing the relevant actions: informing, advocating, mobilising and delivering?

Are you collaborating with all of your key partners, such as local authorities, health boards, and public service boards?

Have you considered impacts of your work on:

- Groups with protected characteristics under the Equality Act 2010
- Inclusion health groups, such as people experiencing homelessness
- Social and economic circumstances, especially deprivation and child poverty
- Places where people live, work and play, including rural, coastal and Welsh-speaking communities
- The interplay of the above factors with each other (intersectionality)



Have you considered the impacts on the building blocks of health?

- Fair work
- Good education and skills
- Well-designed and sustainable transport
- Strong communities and relationships
- Safe and nurturing childhoods
- Affordable and high quality housing
- Sufficient money and resources
- And high quality physical environments and surroundings

Have you considered the impacts on mental health and traumatic stress?

Have you considered the impacts throughout the life course (Early years and children, working age adults, older adults, and generational cycles)?

Have you considered how you will measure and evaluate the impacts of your work?

Angyhraddoldebau iechyd – Iechyd Cyhoeddus Cymru

Health equity action areas checklist

Rhestr wirio meysydd gweithredu cyfiawnder iechyd

Develop a leadership and culture committed to addressing health inequalities

Datblygu arweinyddiaeth a diwylliant sy'n ymrwymedig i fynd i'r afael â anghydraddoldebau iechyd

Use a public health approach

Defnyddiaf ffordd iechyd cyhoeddus

Assemble a diverse, well trained and sustainable workforce

Cydosod gweithlu amrywiol, da hyfforddedig a chynaliadwy

Deliver high quality services that are widely accessible

Darparu gwasanaethau o ansawdd uchel sydd ar gael i bawb

Collect and publish high quality health equity data and knowledge

Casglu a chyhoeddi data ac wybodaeth o ansawdd uchel am cyfiawnder iechyd

Work closely with groups and communities in Wales through the use of networks and effective engagement and involvement

Gweithio'n agos gyda grwpiau a chymunedau yng Nghymru trwy ddefnyddio rhwydweithiau a mynychu a chymryd rhan effeithiol



Ym Merthyr Tudfil,

In Merthyr Tydfil,



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

Wider Determinants of Health – link to Health Inequalities, what does it mean and health impacts

Rebecca Evans, Principal Public Health Practitioner

What are the wider determinants of health?

Everyone in Wales deserves the opportunity for good health. However, too often people become ill or die too early because they do not have the essential factors needed for good health. These include education and skills, a warm safe home, fair work (where workers are fairly rewarded, heard and represented, secure and able to progress in a healthy, inclusive environment where their rights are respected), money and resources, access to affordable and sustainable transport, and a healthy physical environment. These factors, or ‘determinants of health’, affect us from our earliest experiences and throughout our lifetime.

Mae pawb yng Nghymru yn haeddu'r cyfle i gael iechyd da. Ond, yn rhy aml mae pobl yn mynd yn sâl neu'n marw yn rhy gynnar am nad oes ganddynt y ffactorau hanfodol sydd eu hangen arnynt ar gyfer iechyd da. Mae'r rhain yn cynnwys addysg a sgiliau, cartref diogel a chynnes, gwaith teg (lle mae gweithwyr yn cael eu gwobrwo'n deg, eu clywed a'u cynrychioli, yn ddiogel ac yn gallu datblygu mewn amgylchedd iach, cynhwysol lle mae eu hawliau'n cael eu parchu), arian ac adnoddau, mynediad at drafnidiaeth fforddiadwy a chynaliadwy, ac amgylchedd ffisegol iach. Mae'r ffactorau hyn, neu'r 'penderfynyddion iechyd', yn effeithio arnom o'n profiadau cynharaf a thrwy gydol ein hoes.



Why are the building blocks of health important for health, well-being and equity?

The wider determinants, often called ‘the causes of the causes’, affect health outcomes in Wales. Different experiences of these causes lead to differences in health outcomes, or health inequalities, which in turn are responsible for ill health and a large number of the total early deaths. People from the most disadvantaged areas of Wales can expect to lose over a decade of life lived in good health compared with those from the least disadvantaged areas (13 years for men and 17 for women). These unfair differences continue across generations.**Pam mae hyn yn flaenoriaeth**

Mae'r penderfyniadau ehangach, a elwir yn aml yn 'achosion yr achosion', yn effeithio ar ganlyniadau iechyd yng Nghymru. Mae profiadau gwahanol o'r achosion hyn yn arwain at wahaniaethau o ran canlyniadau iechyd, neu anghydraddoldebau iechyd, sydd yn eu tro'n gyfrifol am afiechyd a nifer mawr o gyfanswm y marwolaethau cynnar. Gall pobl o ardaloedd mwyaf difreintiedig Cymru ddisgwyl colli dros ddegawd o fywyd mewn iechyd da o gymharu â'r rhai o'r ardaloedd lleiaf difreintiedig (13 blynedd i ddynion ac 17 i fenywod). Mae'r gwahaniaethau annheg hyn yn parhau ar draws cenedlaethau.

Influencing the Wider Determinants of Health at Public Health Wales

Strategic Priority Route Map

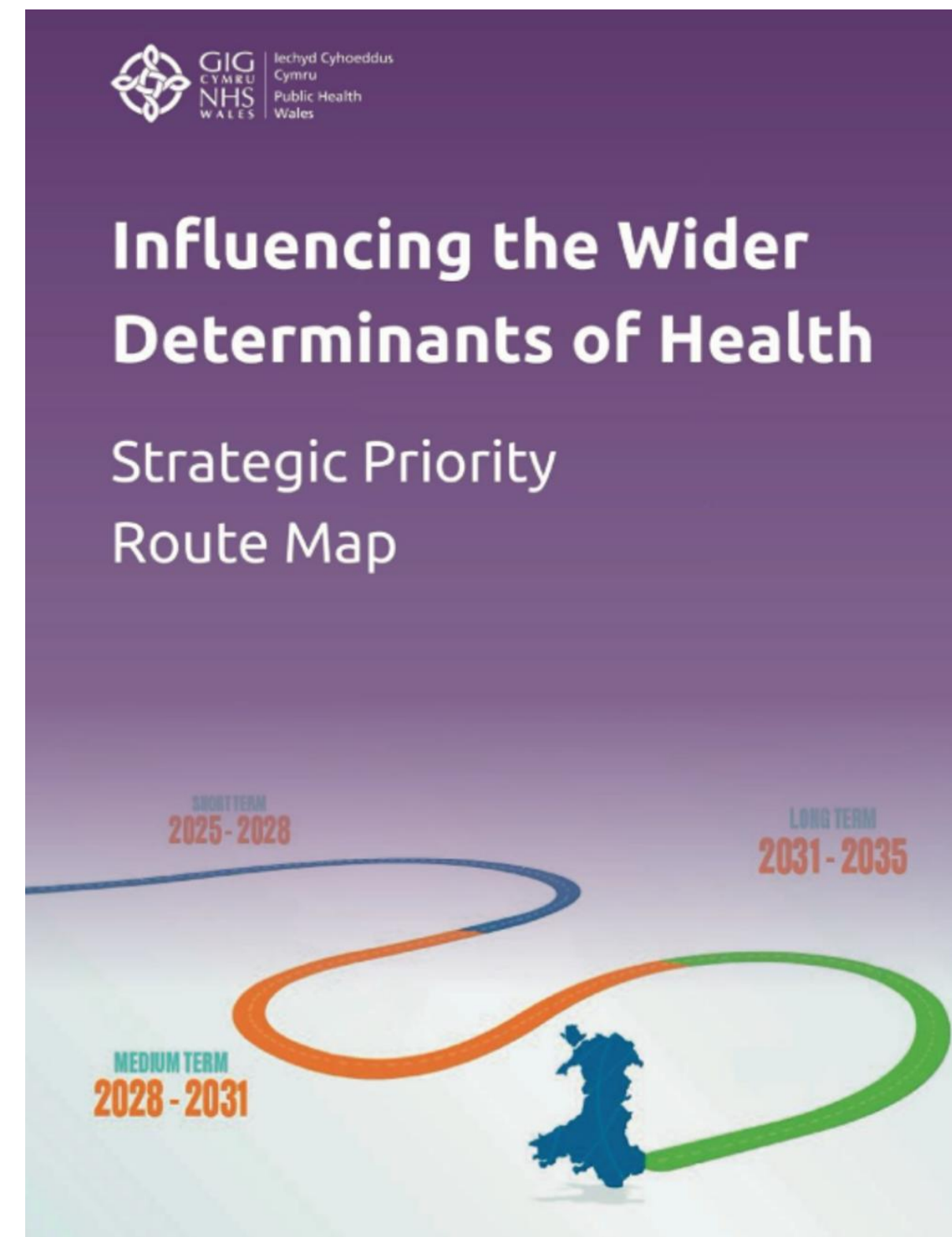
We describe our work across four themes, showing the changes we want and what we will do to influence the wider determinants of health:

Mindsets and System Goals e.g. health at the heart of economic decisions

Healthy Places (policy and implementation) e.g. planning, transport, and healthy, affordable, warm and secure homes.

Early Years, education and work (policy and implementation) e.g. relating to skills and employment

How we can work better together e.g. co-ordinated evidence and shaping beneficial information flows.



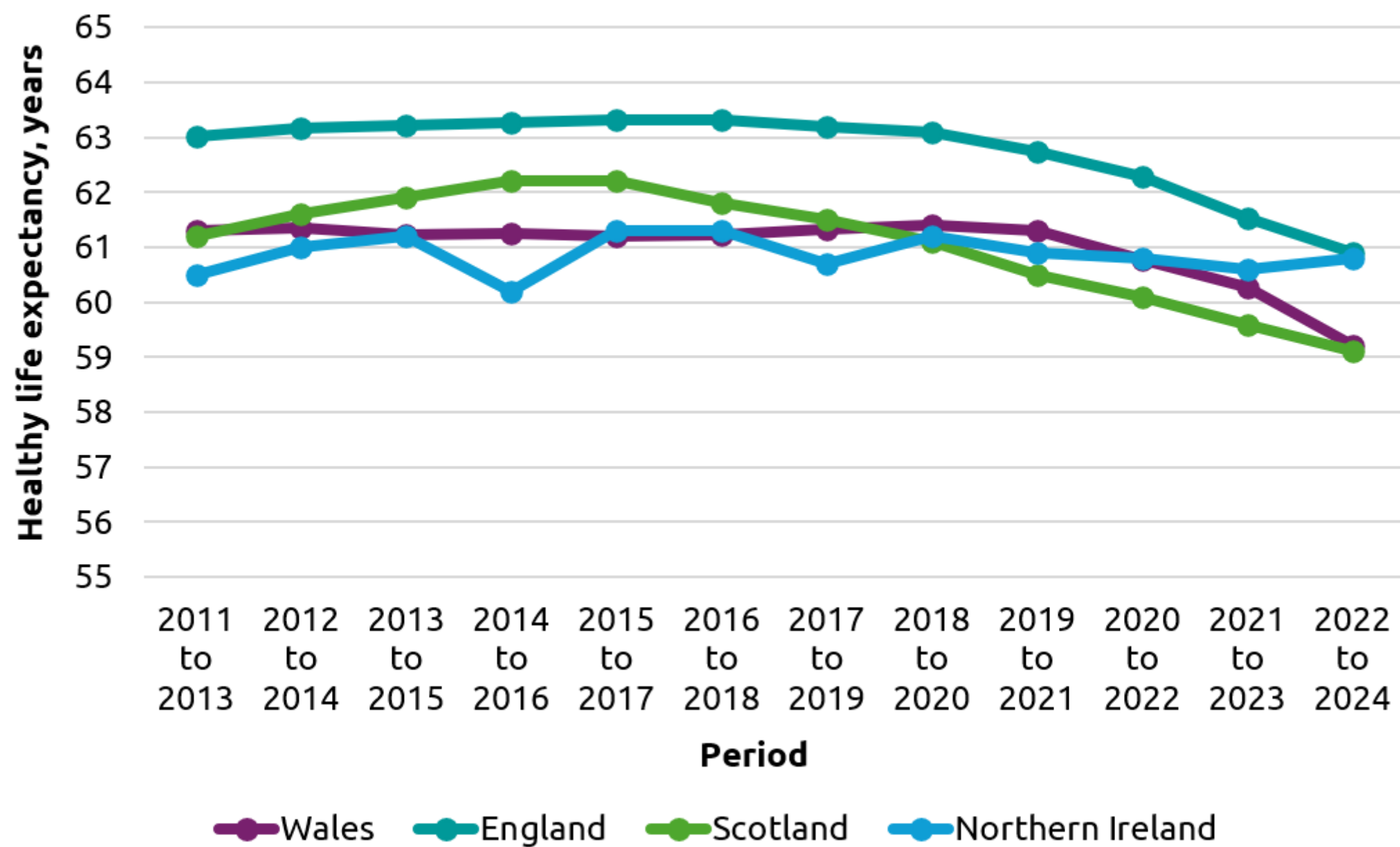
What is the current state of health inequalities in Wales?

Key data points

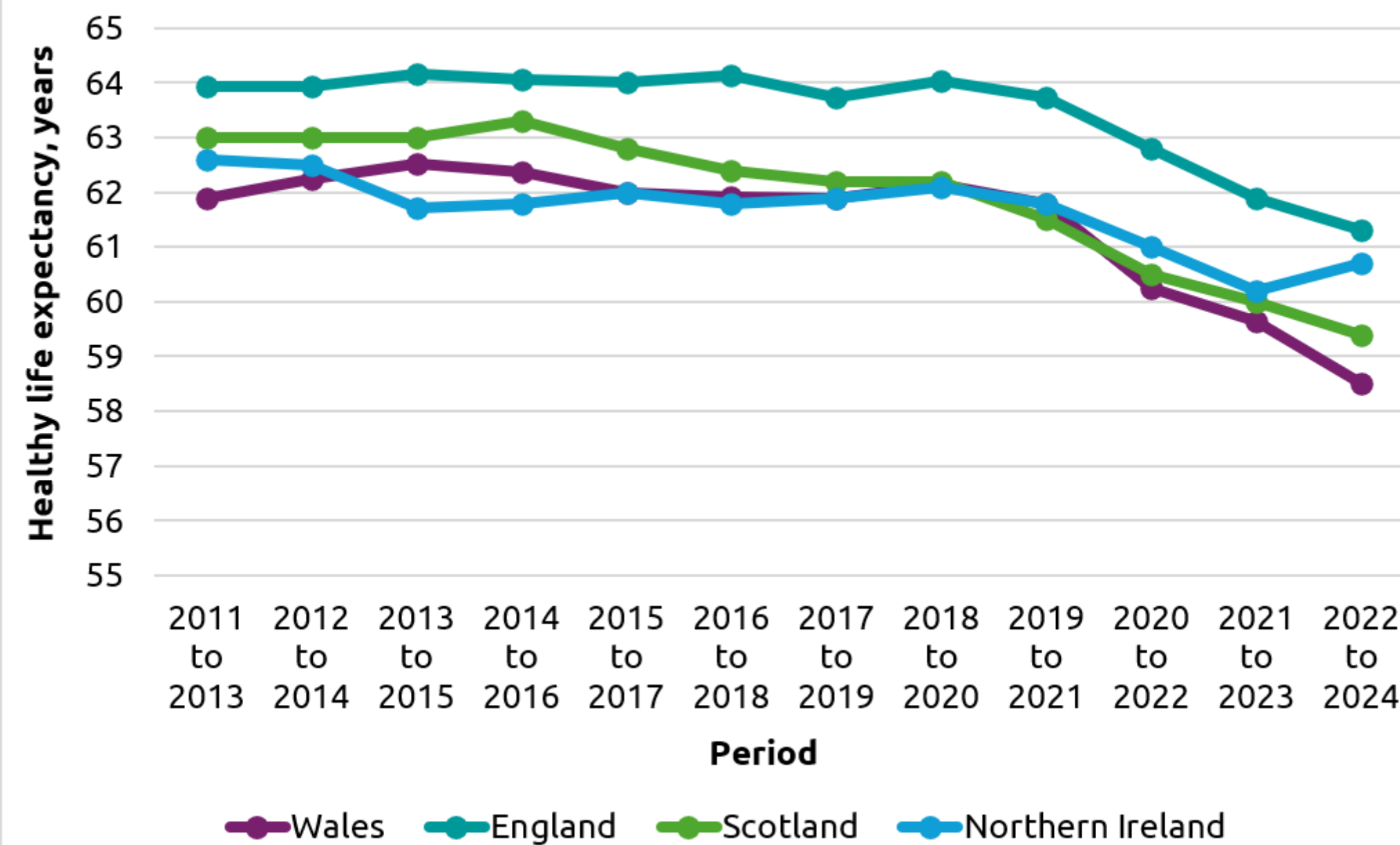
Lizzie Augarde - Lead Analyst, Research, Data and Digital Directorate

Healthy life expectancy

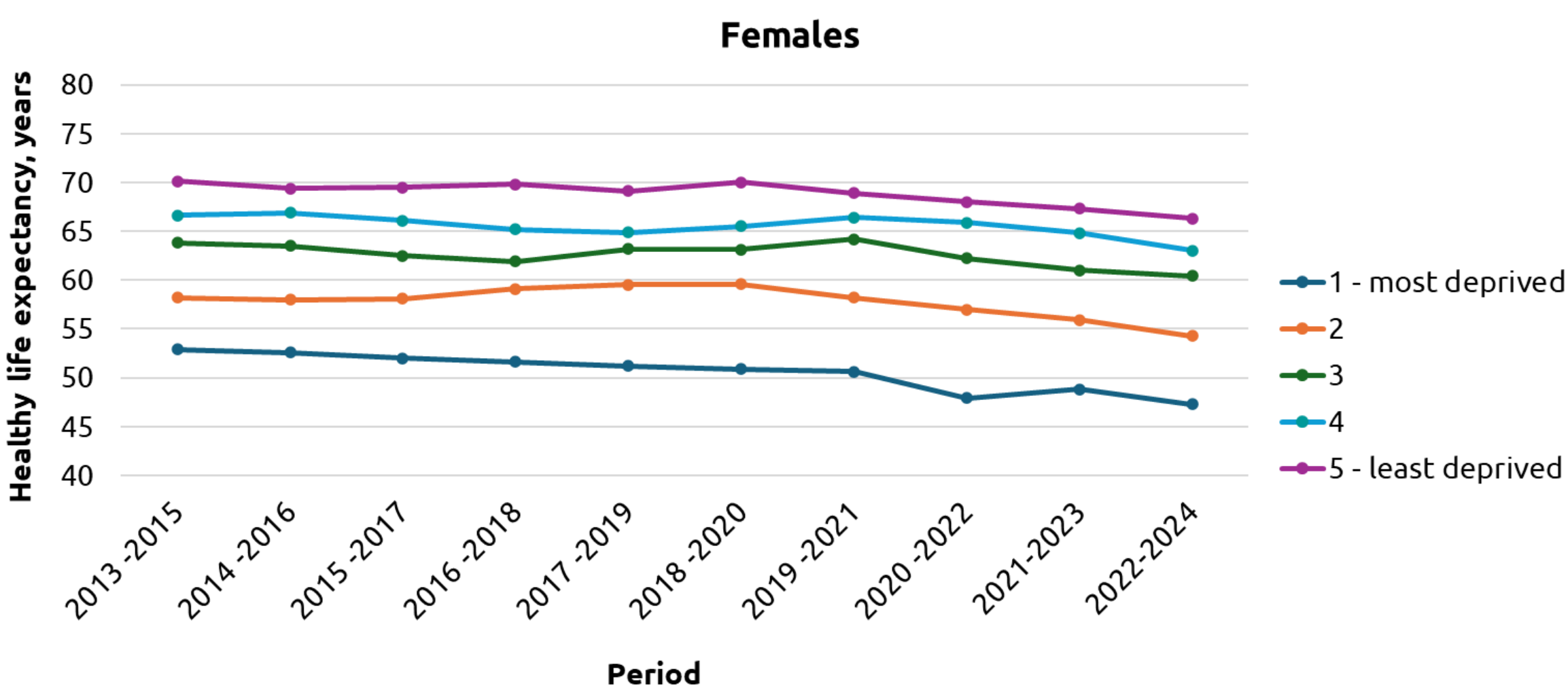
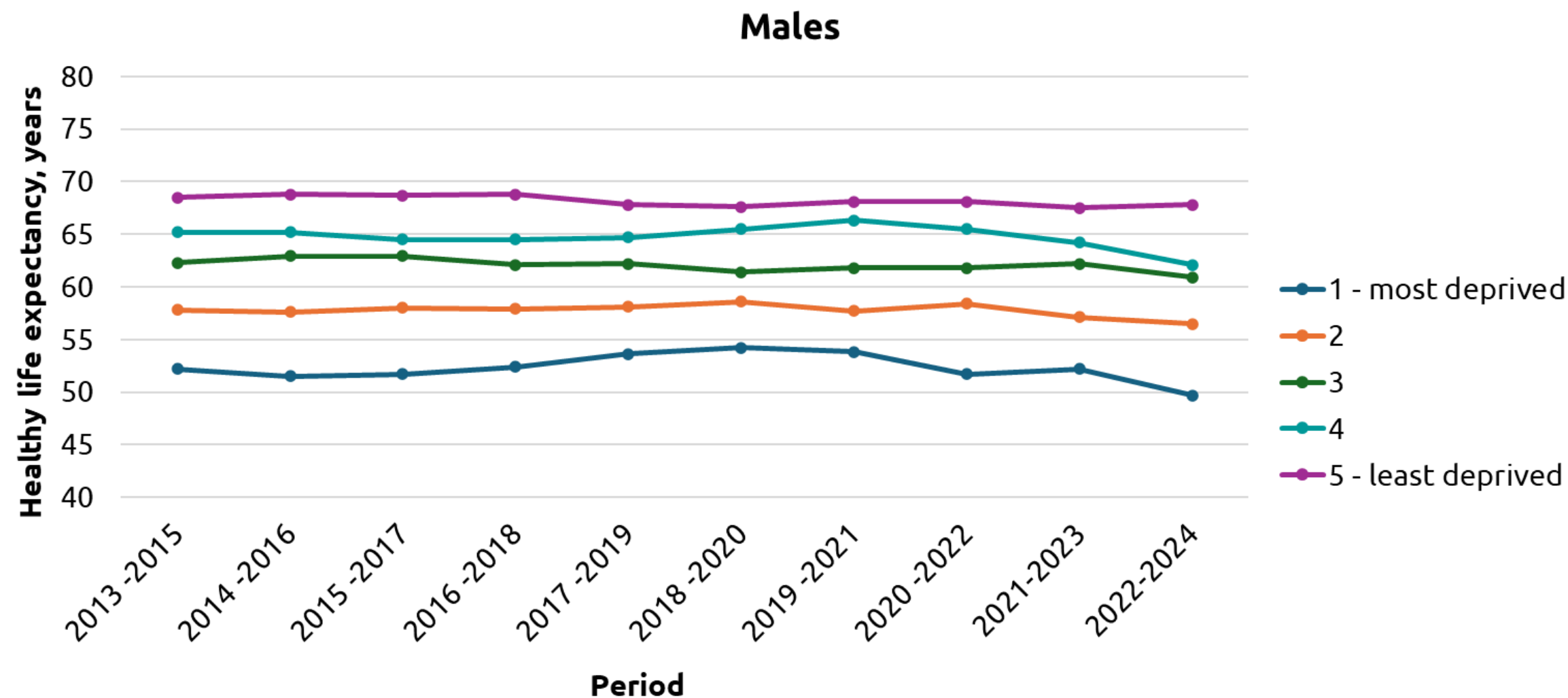
Male



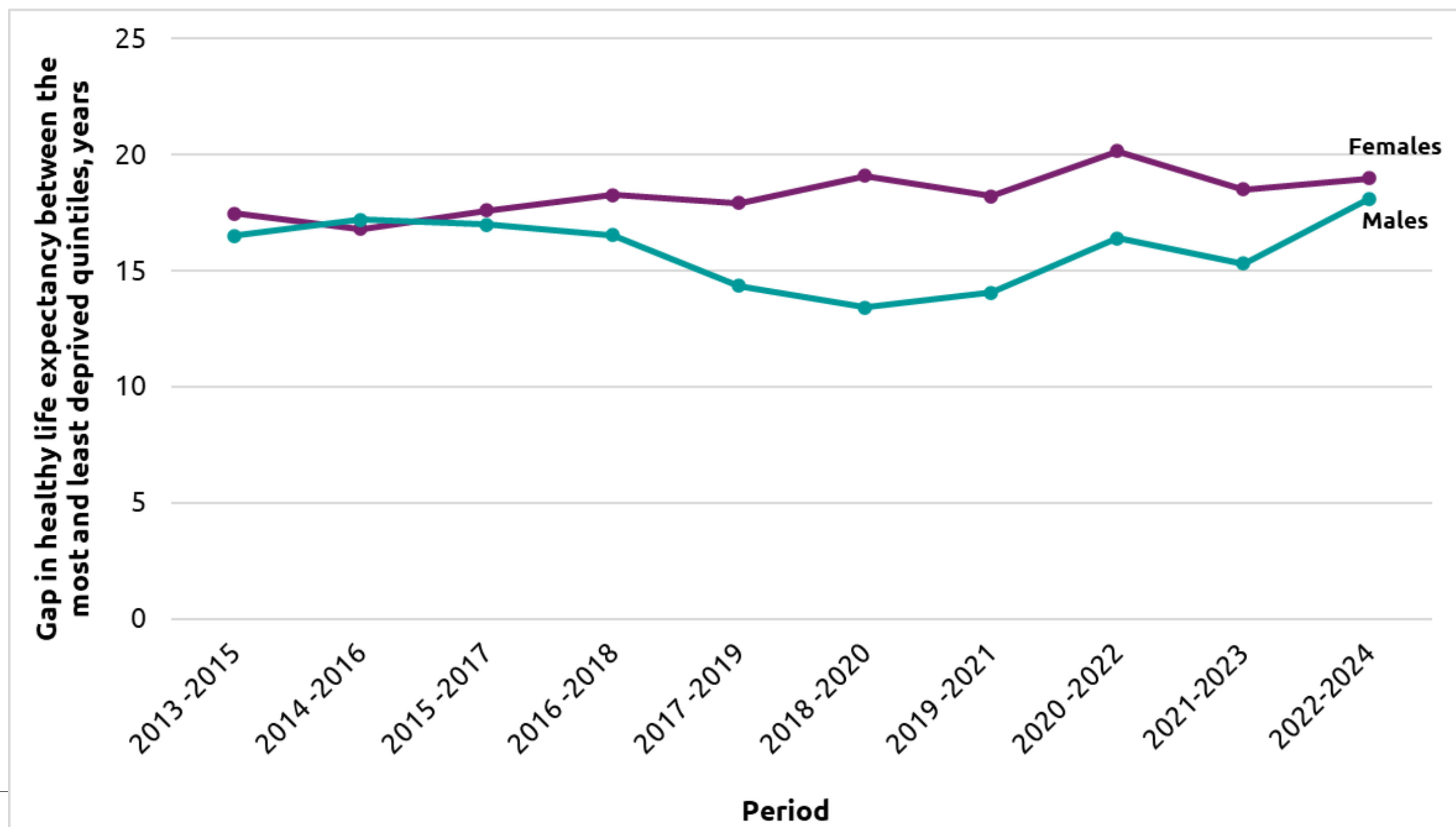
Female

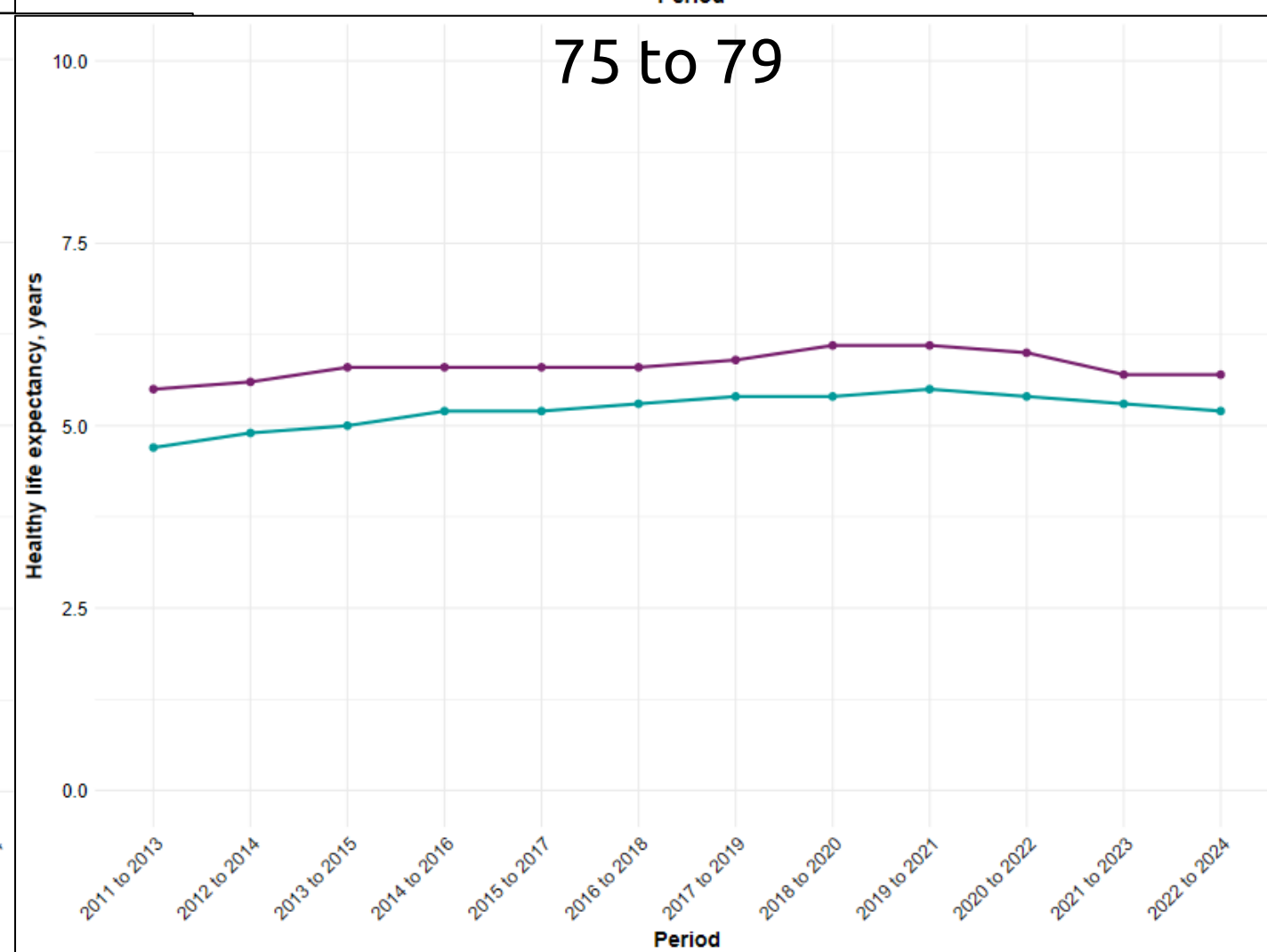
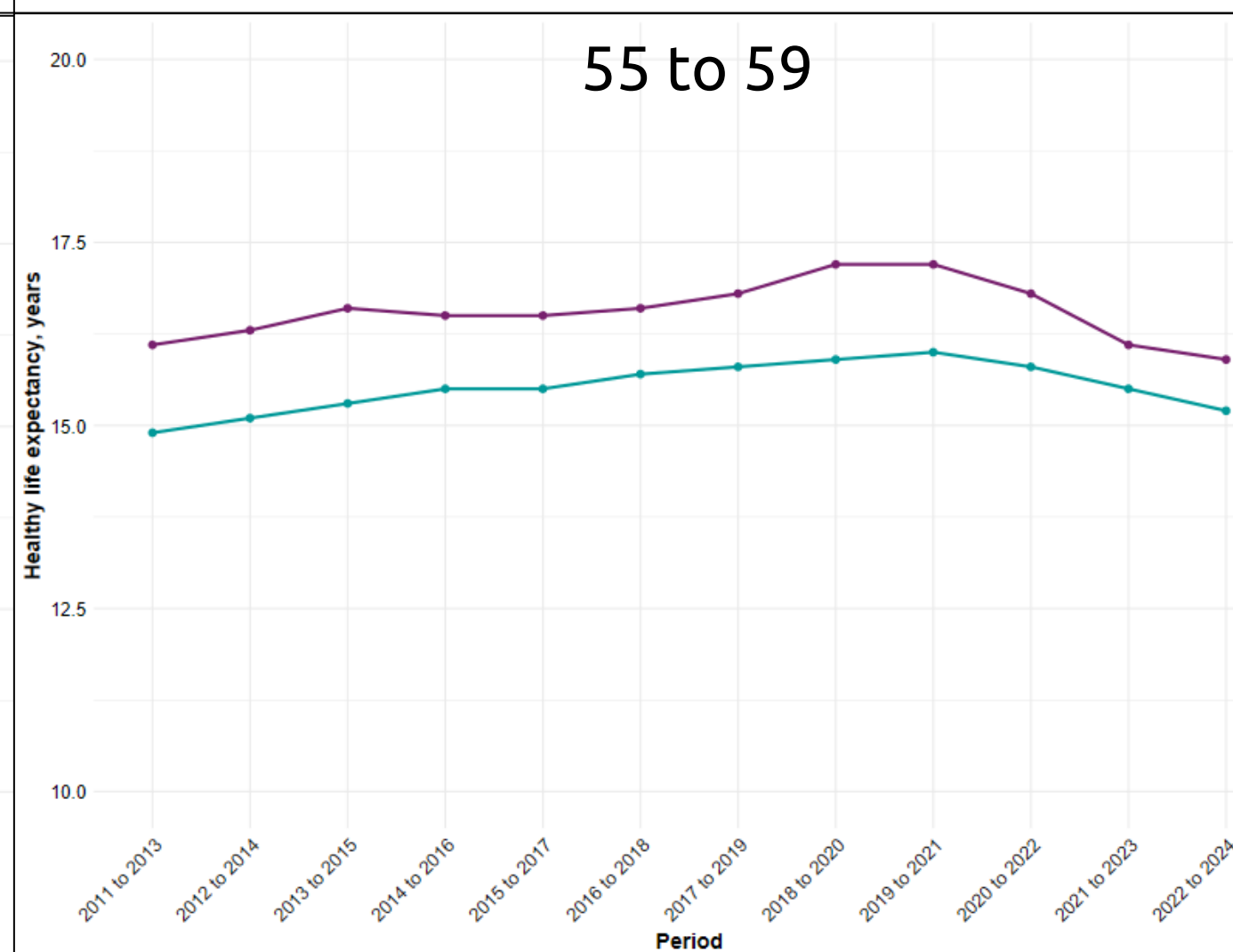
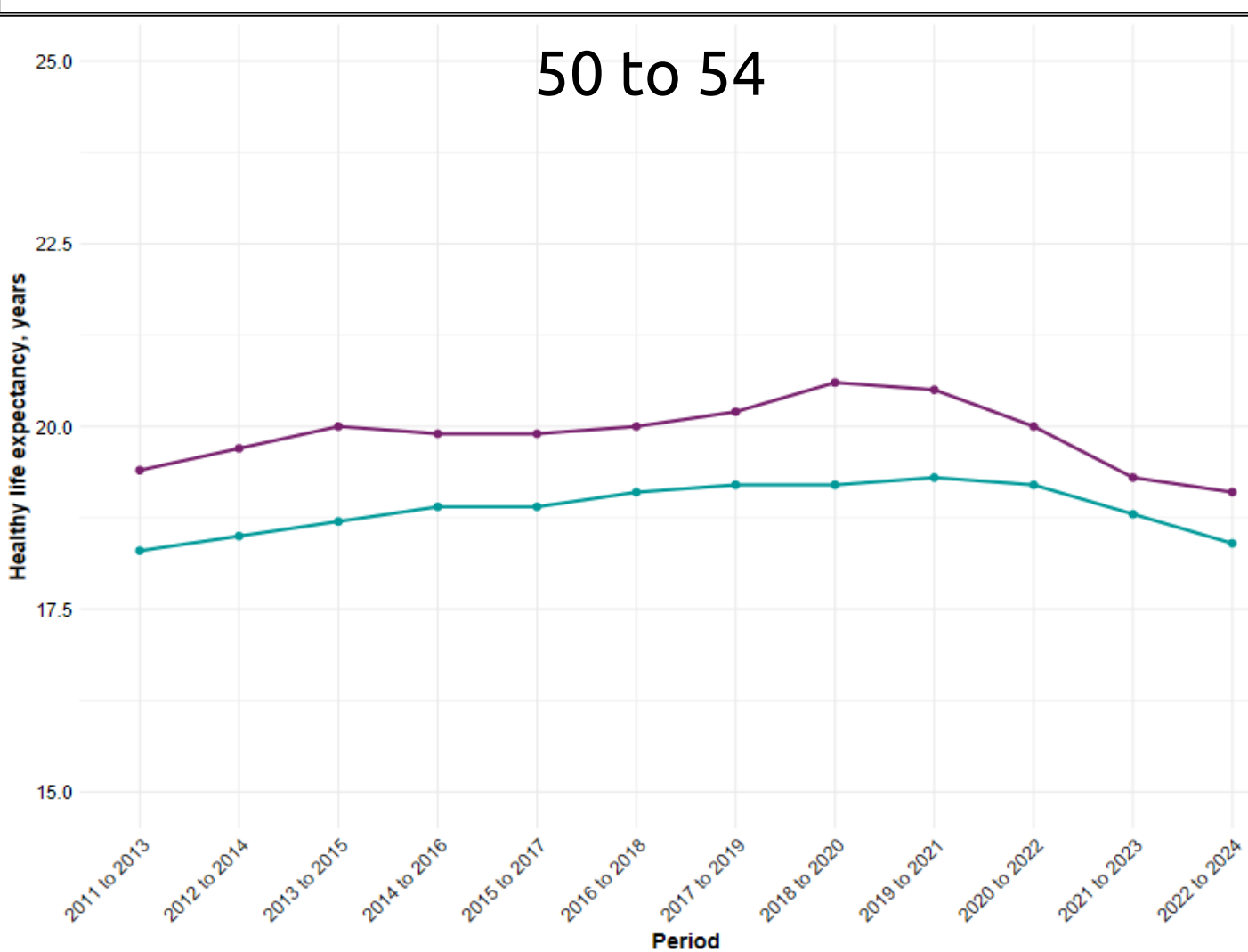
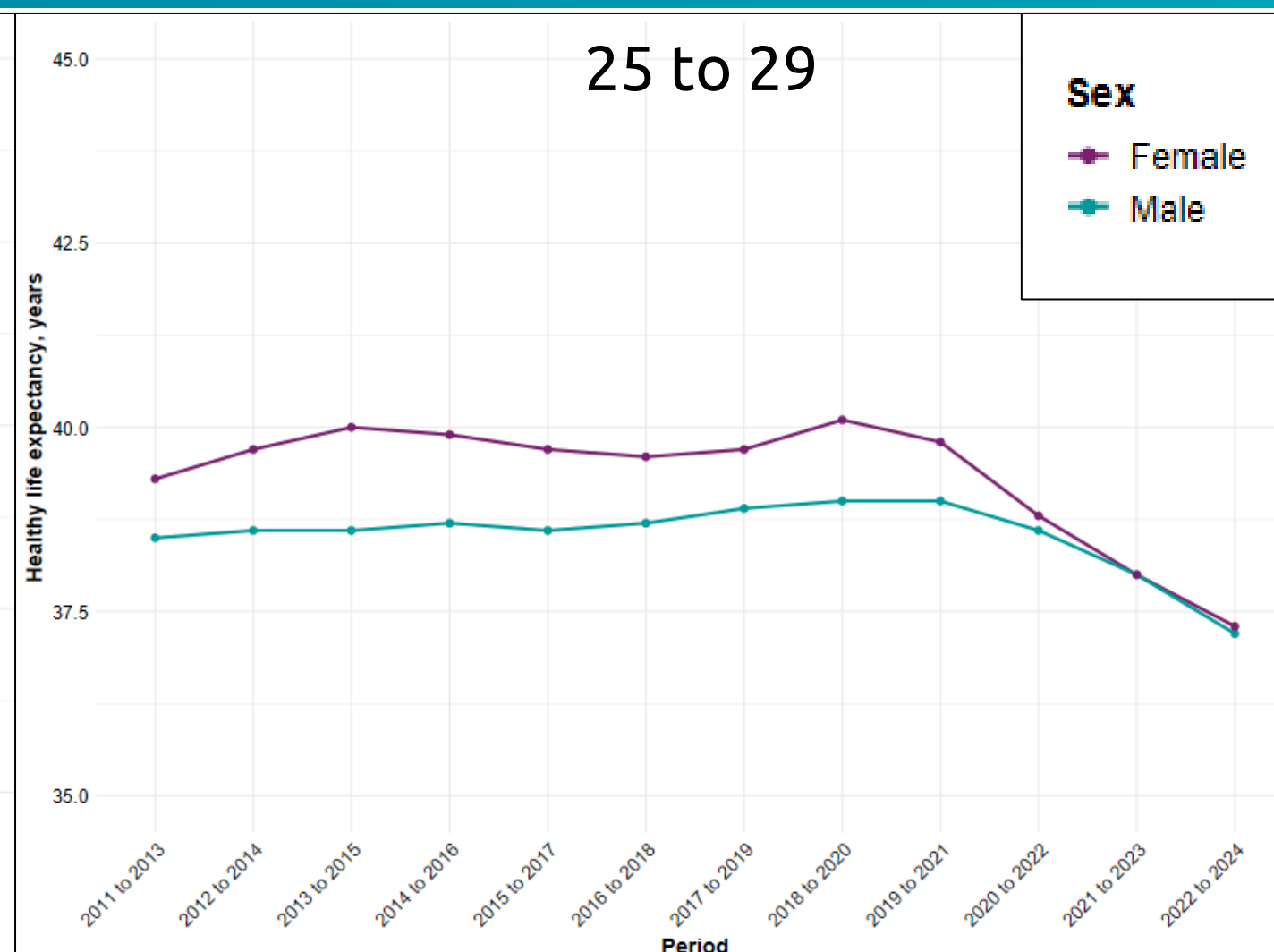
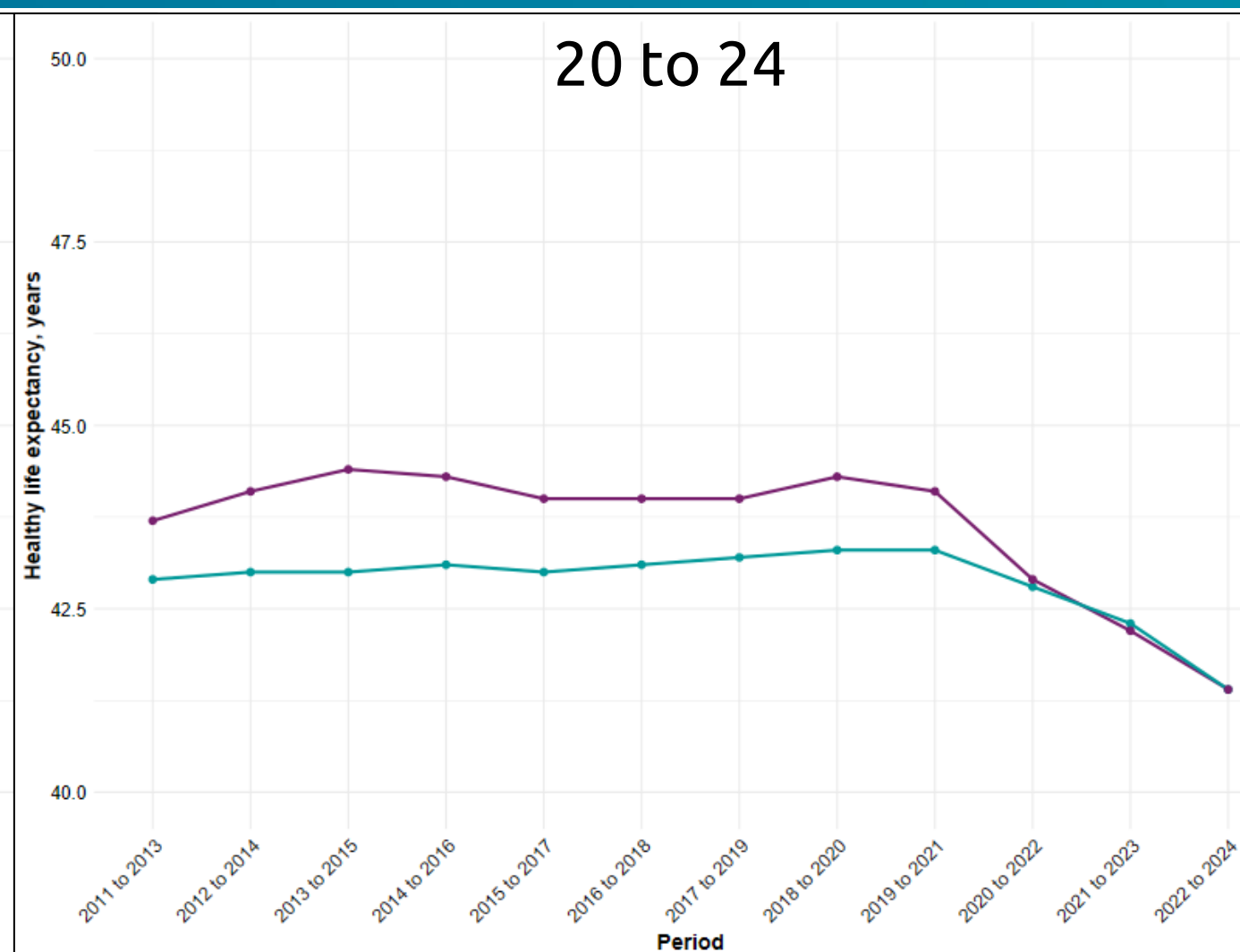
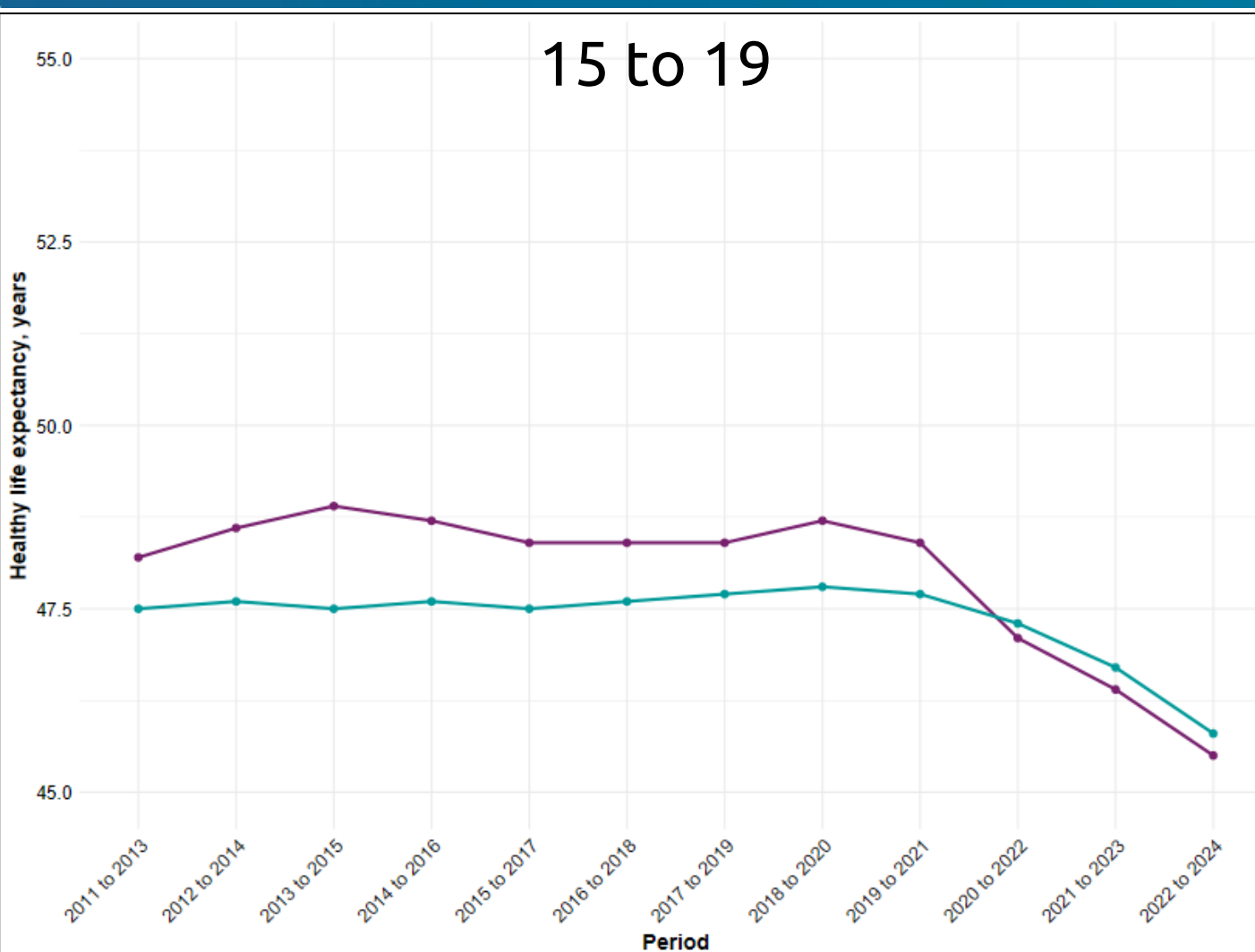


Healthy life expectancy by sex and deprivation fifth, Wales, 2013-2015 to 2022-2024

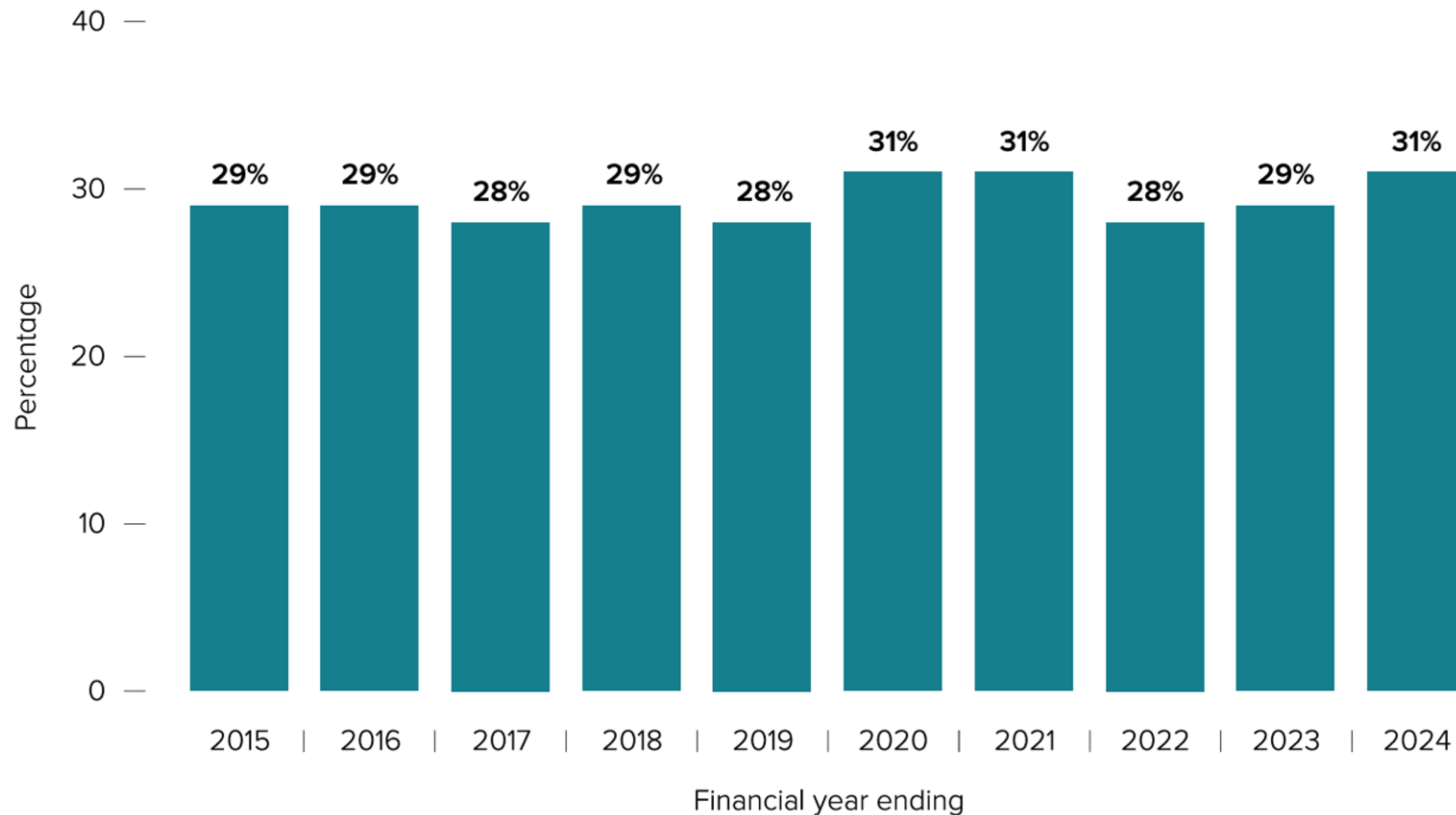


Gap in healthy life expectancy between the most and least deprived fifths of areas, by sex, Wales, 2013-2015 to 2022-2024





Child poverty

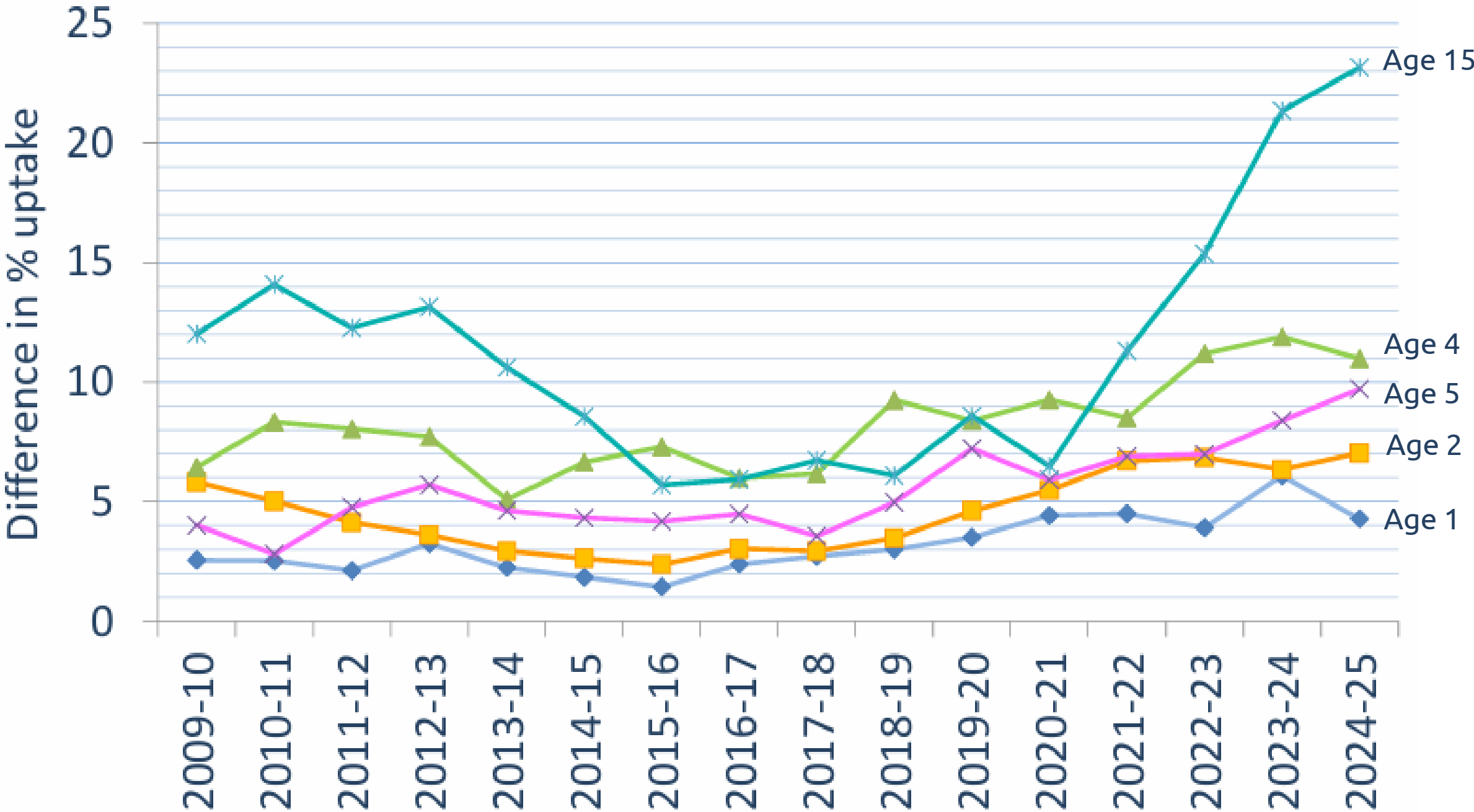


Children are more likely to be in poverty if they:

- Are in lone parent families
- Live in households where any adult does not work
- Live in households where someone is disabled
- Are from some minority ethnic groups
- Live in households where those working are in insecure jobs

Childhood immunisations

Difference in vaccination coverage (up to date with all routine vaccinations) between the most and least deprived fifths of areas, 2009-10 to 2024-25.



Cancer

Higher incidence rates are experienced by:

- People living in **more deprived areas** (1.2 times higher incidence in the most deprived fifth compared to the least deprived)
- People living in **overcrowded** accommodation (7 times higher than those with 2 or more spare rooms)
- People working in **process, plant, and machine operations** jobs

Cancer incidence, all stageable cancers, persons, all ages, Wales, proportion (%) by stage at diagnosis and deprivation fifths

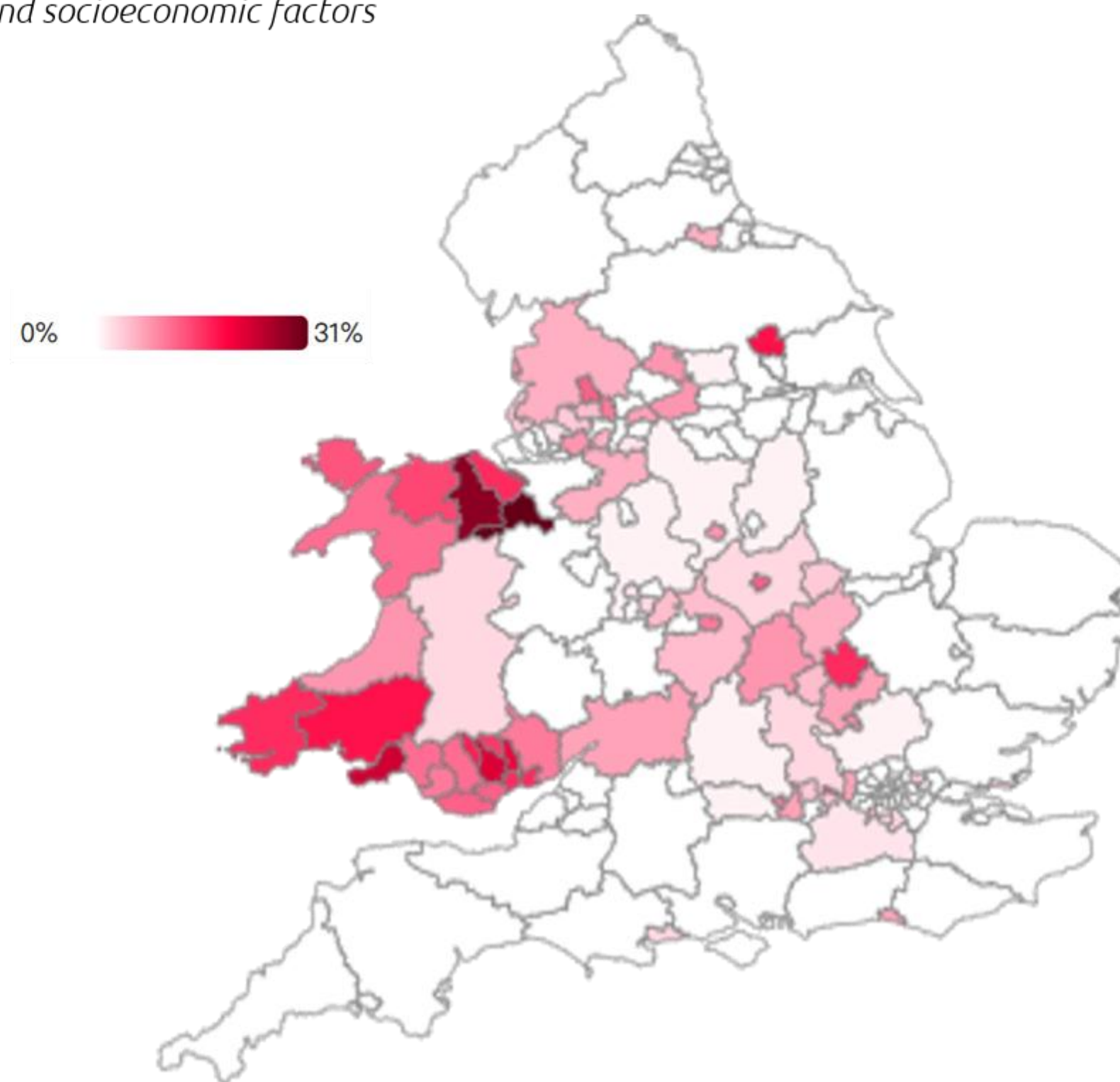


Behaviours

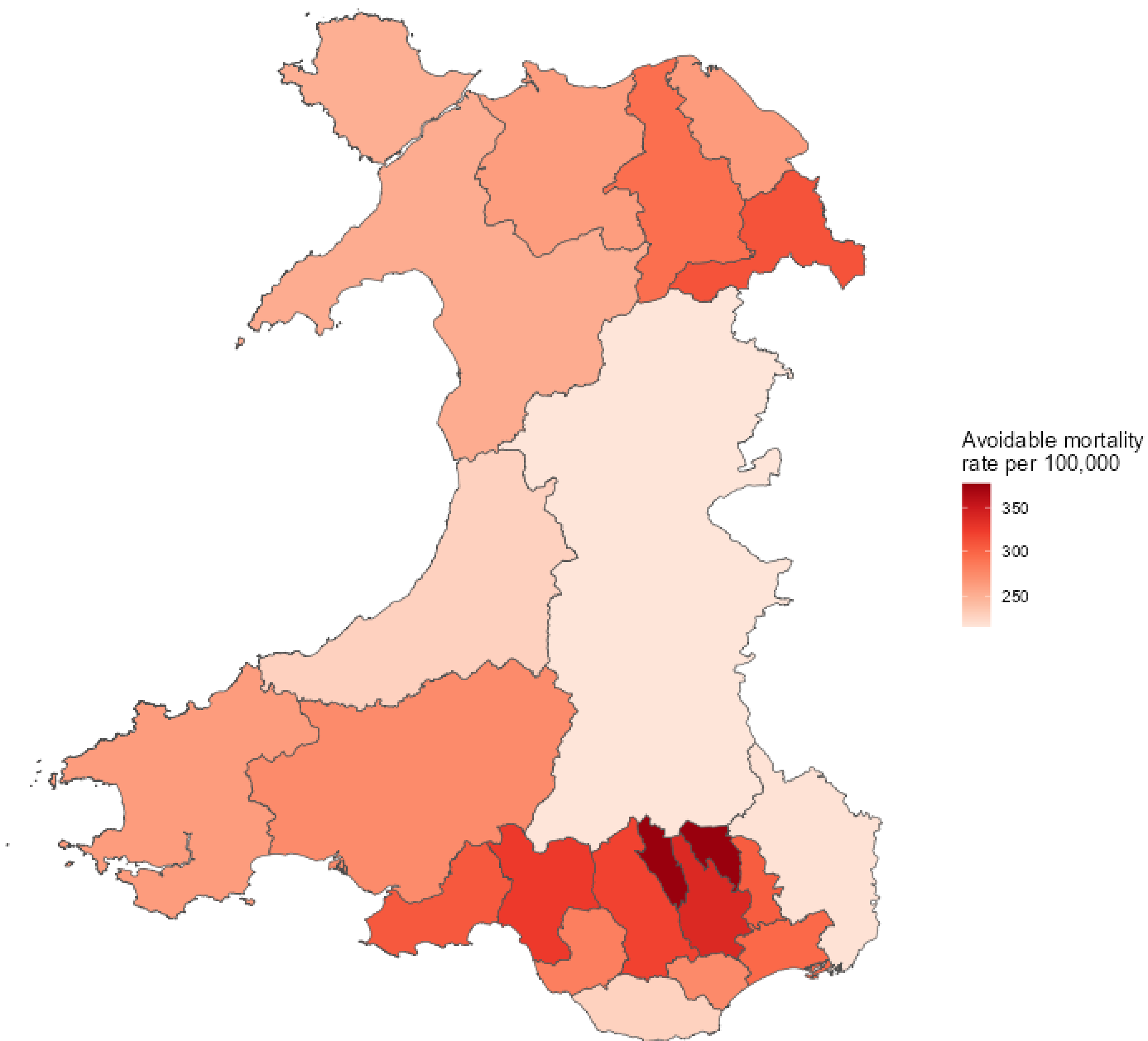
	Most deprived	Least deprived
Healthy weight prevalence in adults	31%	36%
Obesity prevalence in children	16%	9%
Physical activity in adults	49%	66%
Physical activity in adolescents	15%	20%
Fruit and vegetable consumption in adults	24%	37%
Smoking prevalence in adults	18%	7%
Alcohol consumption in adults	11%	16%

Rate ratio of premature mortality from all causes, compared to Richmond-upon-Thames, local authorities, March 2021-December 2023

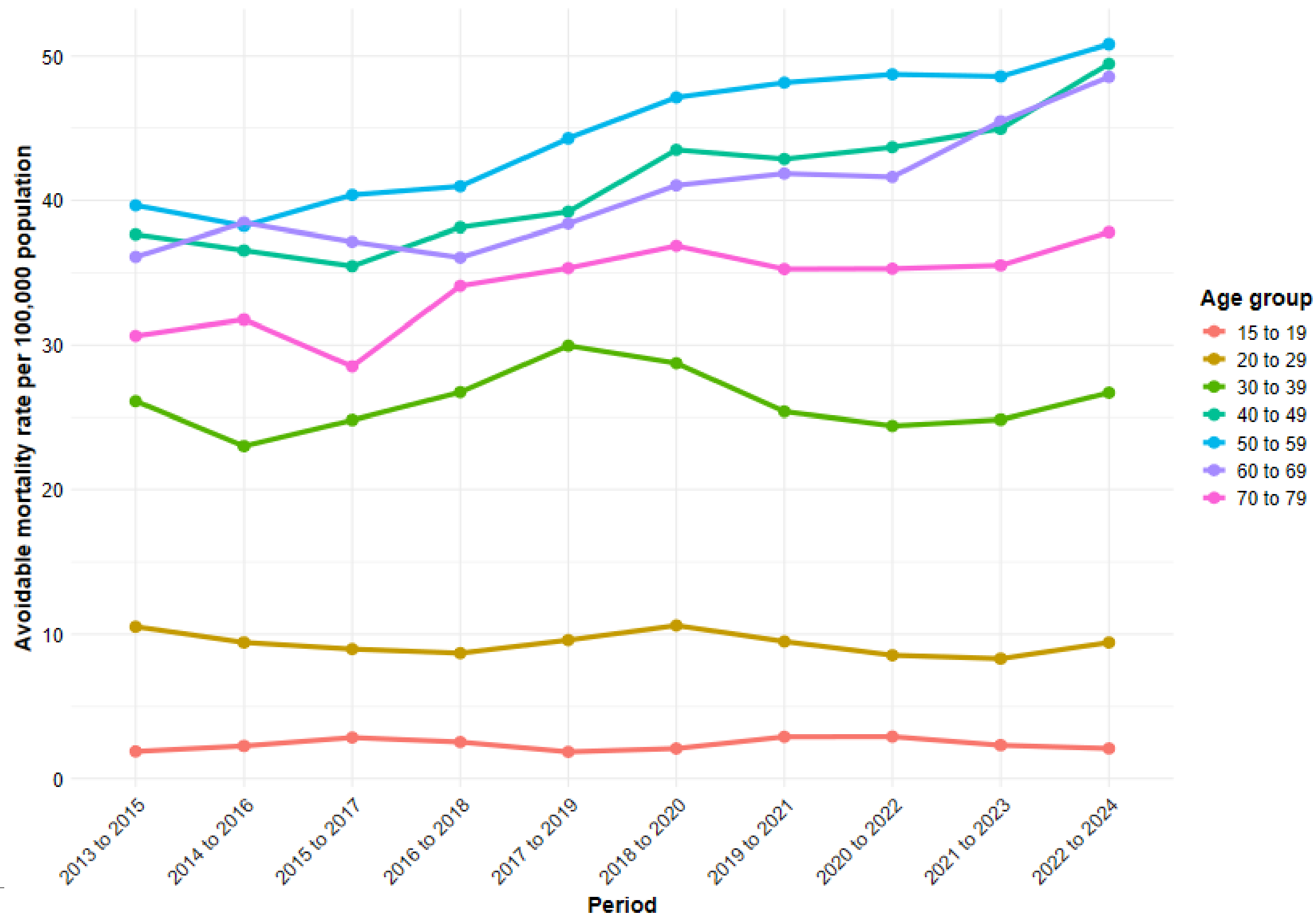
After accounting for age, sex, deprivation, and socioeconomic factors



Avoidable mortality rate, 2021-2023



Avoidable mortality due to alcohol and drugs





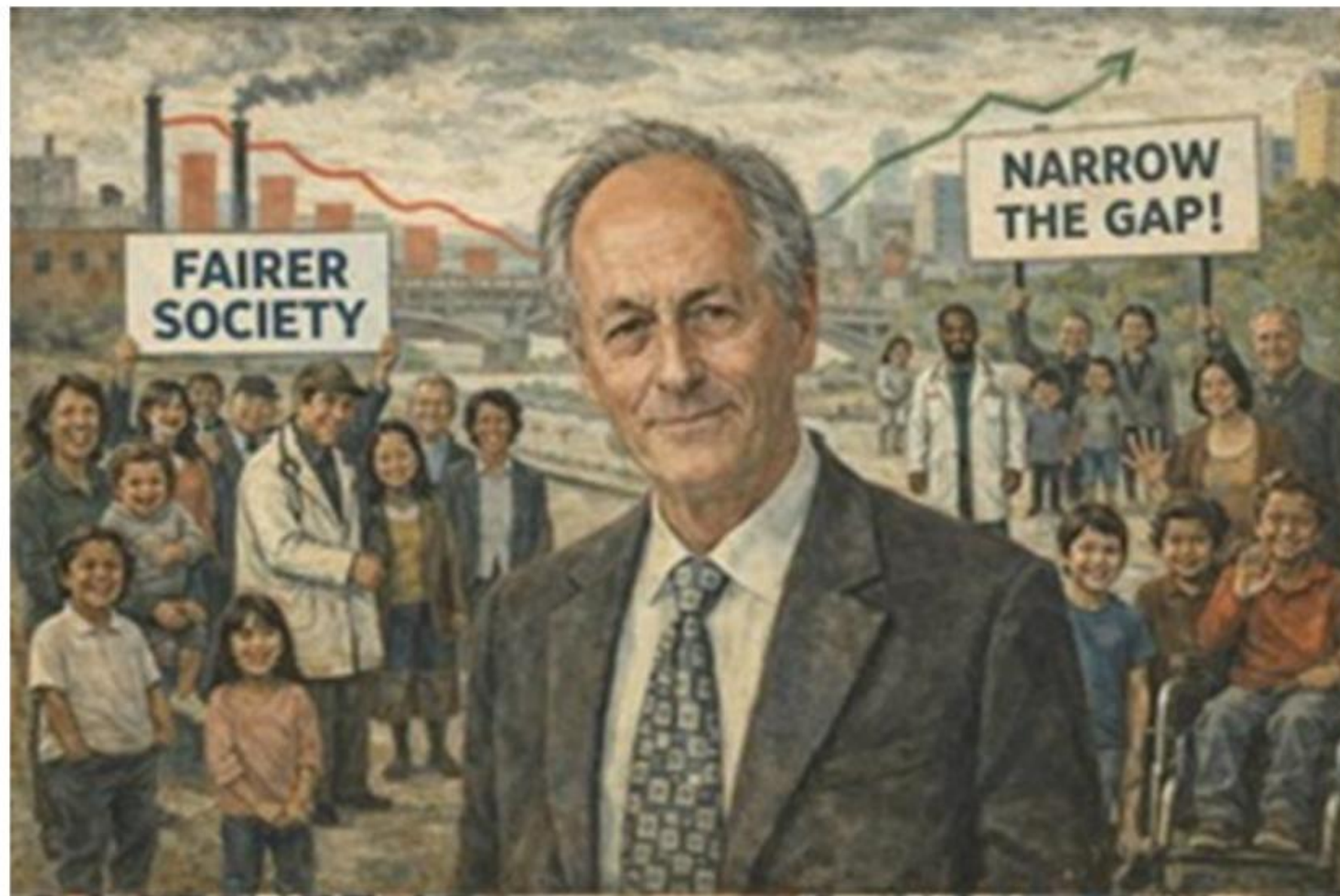
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Cymru
Public Health
Wales

An introduction to Health Equity Wales.

Gill Leng, Senior Consultant

Institute of Health Equity



“Why treat people and send them back to the conditions that made them sick”

Marmot, M, 2015

Pam trin pobl ac yna'u hanfon yn ôl at yr amodau a'u gwnaeth nhw'n sâl yn y lle cyntaf”

Marmot, M, 2015

Health Equity Wales— helping everyone live well

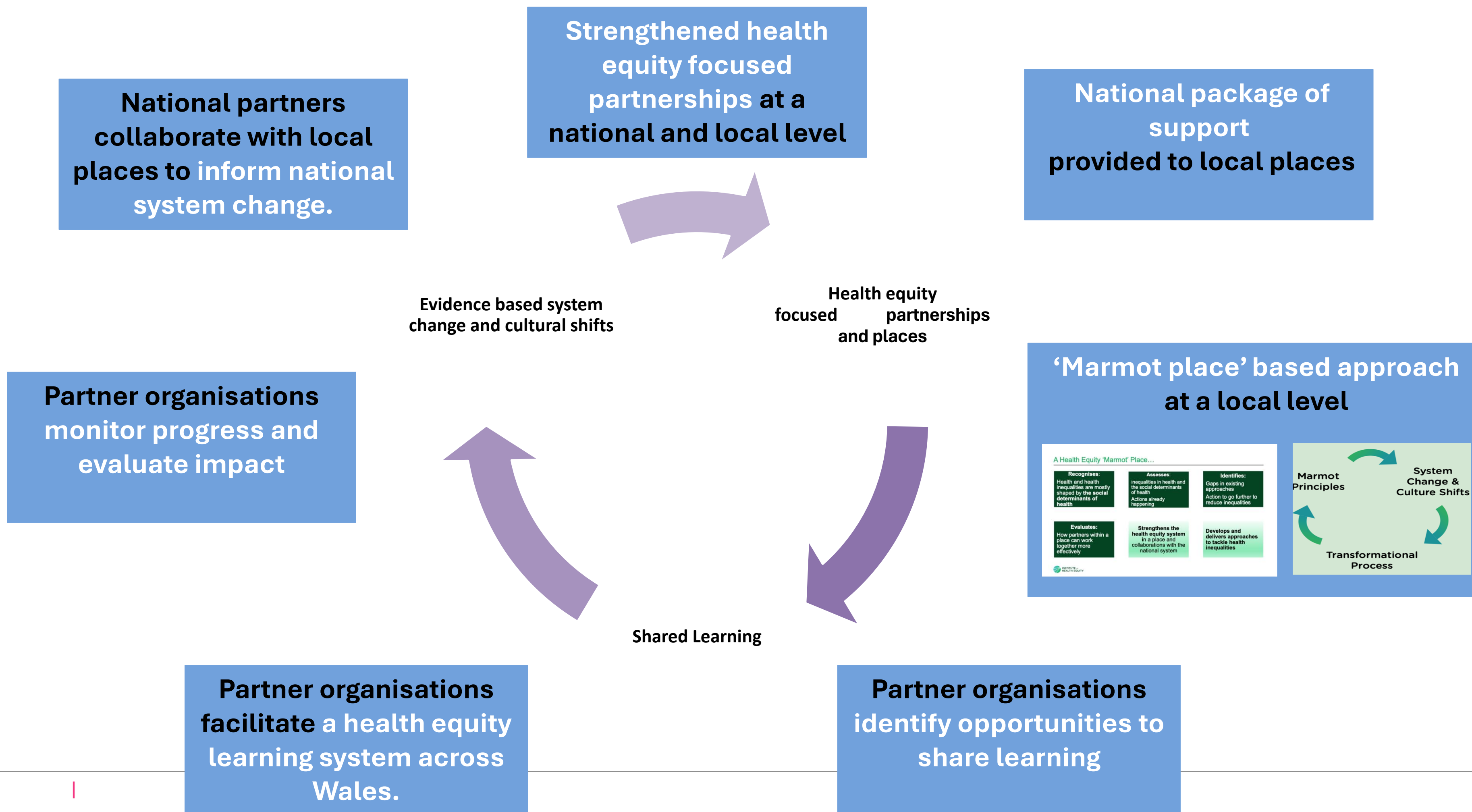


Health Equity Wales aims to accelerate collective action on health inequalities helping Wales achieve the Wellbeing of Future Generations Act milestone to increase healthy life expectancy and reduce the gap between the least and most deprived by at least 15% by 2050.

Informed by the internationally recognised Marmot Principles and aligned with the Wellbeing of Future Generations Act (Wales) 2017, Health Equity Wales brings people and organisations together both nationally and locally to reduce unfair differences in health.

Working in partnership, we will support communities to take practical, place-based action (using the Marmot “place” approach), grow an all-Wales evidence base on what works, spread learning, and track progress and impact.

Our shared goal is to help all places in Wales take informed action on health inequalities and to use what is learned to shape wider changes across the national system.



Egwyddorion Marmot // Marmot Principles



1. Rhoi'r dechrau gorau i bob plentyn mewn bywyd/ Give every child the best start in life
2. Galluogi pob plentyn, person ifanc ac oedolyn i wneud y mwyaf o'u galluoedd a chael rheolaeth dros eu bywydau/ Enable all children, young people and adults to maximise their capabilities and have control over their lives
3. Creu cyflogaeth deg a gwaith da i bawb/ Create fair employment and good work for all
4. Sicrhau safon byw iach i bawb/ Ensure healthy standard of living for all
5. Creu a datblygu lleoedd a chymunedau iach a chynaliadwy/ Create and develop healthy and sustainable places and communities
6. Cryfhau rôl ac effaith atal salwch/ Strengthen the role and impact of ill health prevention
7. Mynd i'r afael â hiliaeth, gwahaniaethu a'u canlyniadau/ Tackle racism, discrimination and their outcomes
8. Mynd ar drywydd cynaliadwyedd amgylcheddol a thegwch iechyd gyda'n gilydd/ Pursue environmental sustainability and health equity together

Ecwti Iechyd ardal 'Marmot'...

Yn cydnabod:

Mae iechyd ac anghydraddoldebau iechyd yn cael eu llunio'n bennaf gany ffactorau cymdeithasol sy'n dylanwadu ar iechyd

Yn asesu:

Anghydraddoldebau mewn iechyd a'r ffactorau cymdeithasol sy'ndylanwadu ar iechyd
Camau gweithredu sydd eisoes yn digwydd

Yn nodi:

Bylchau yn y dulliau presennol
Camau gweithredu i fynd ymhellach i leihau anghydraddoldebau

Yn gwerthuso:

Sut y gall partneriaid o fewn lle gydweithio'n fwy effeithiol

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Yn gwerthuso:

Sut y gall partneriaid o fewn lle gydweithio'n fwy effeithiol

A Health Equity 'Marmot' Place...

Recognises:

Health and health inequalities are mostly shaped by the social determinants of health

Assesses:

Inequalities in health and the social determinants of health
Actions already happening

Identifies:

Gaps in existing approaches
Action to go further to reduce inequalities

Evaluates:

How partners within a place can work together more efficiently

Strengthens the health equity system in a place and collaborations with the national system

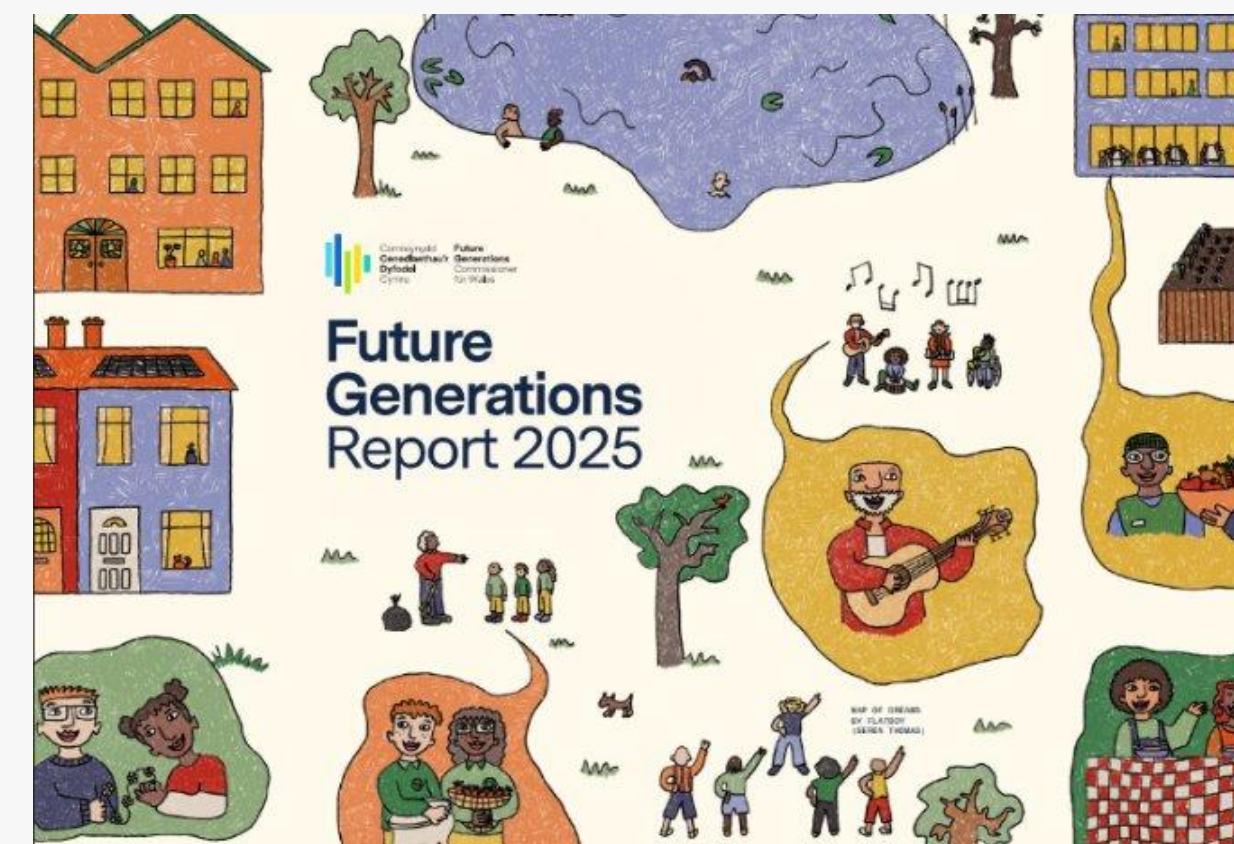
Develops and delivers approaches to tackle health inequalities

Well-being of Future Generations: Working Together for Health Equity

"Welsh Government should commit Wales to becoming a Marmot nation, adapting the Marmot model with tailored principles aligned with the Well-being of Future Generations Act, to help reduce inequalities and improve the well-being of our population"

The Act offers:

- A legal framework and duty to act
- Governance / structures PSBs / Applies nationally
- The Five Ways of Working
- Solutions for short, medium and long term



Llesiant Cenedlaethau'r Dyfodol: Gweithio Gyda'n Gilydd dros Ecwiti Iechyd Well-being of Future Generations: Working Together for Health Equity

Mae dull Marmot yn cynnig:

- Diagnosteg: anghydraddoldebau mewn penderfynyddion cymdeithasol yn tanio iechyd gwael / yn lleol
- Arweiniad a chefnogaeth ymarferol
- Tystiolaeth ac argymhellion ar gyfer y ffordd ymlaen

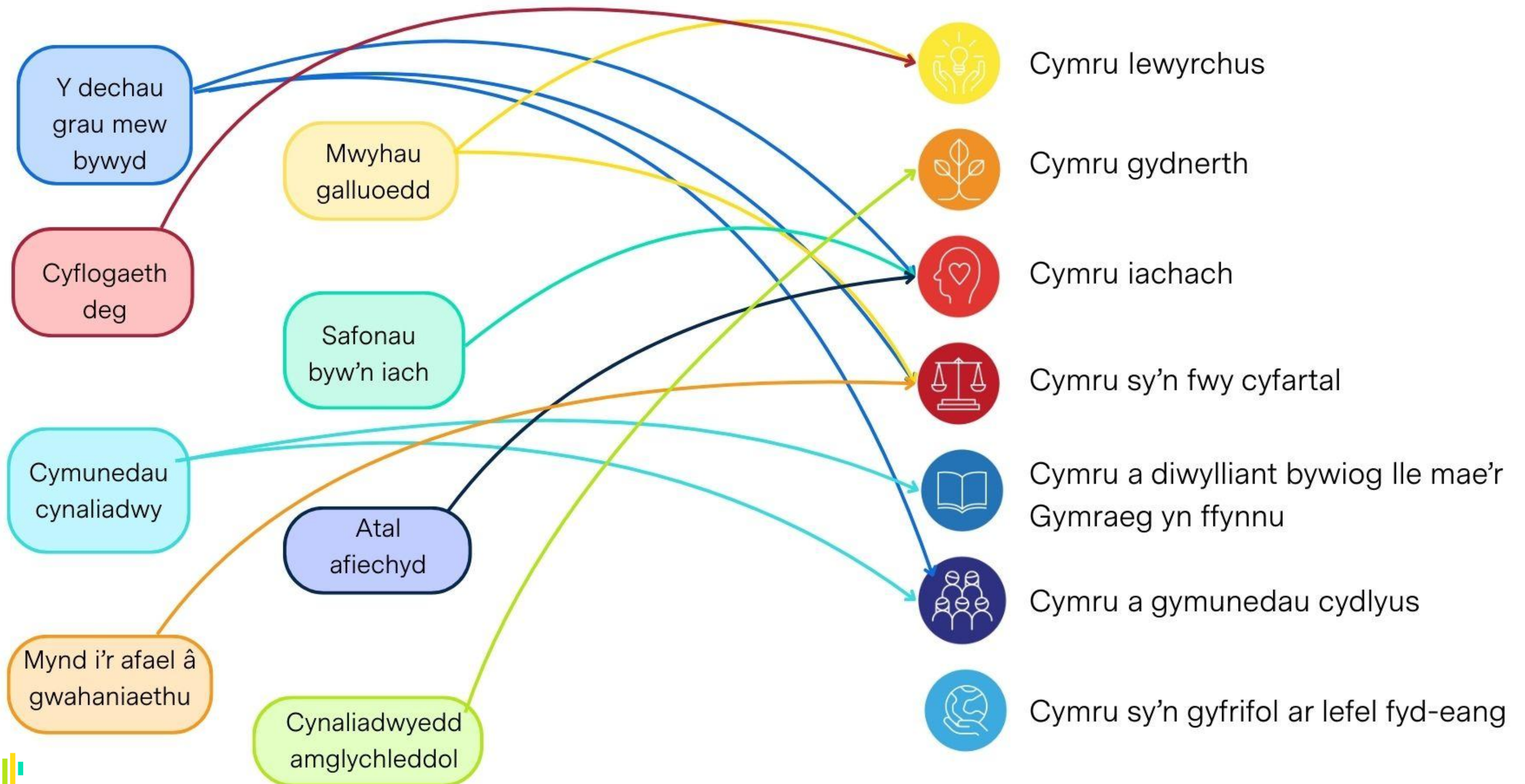
The Marmot Approach offers:

- Diagnostics: inequalities in social determinants fuelling poor health / locally
- Practical guidance and support
- Evidence and recommendations for ways forward



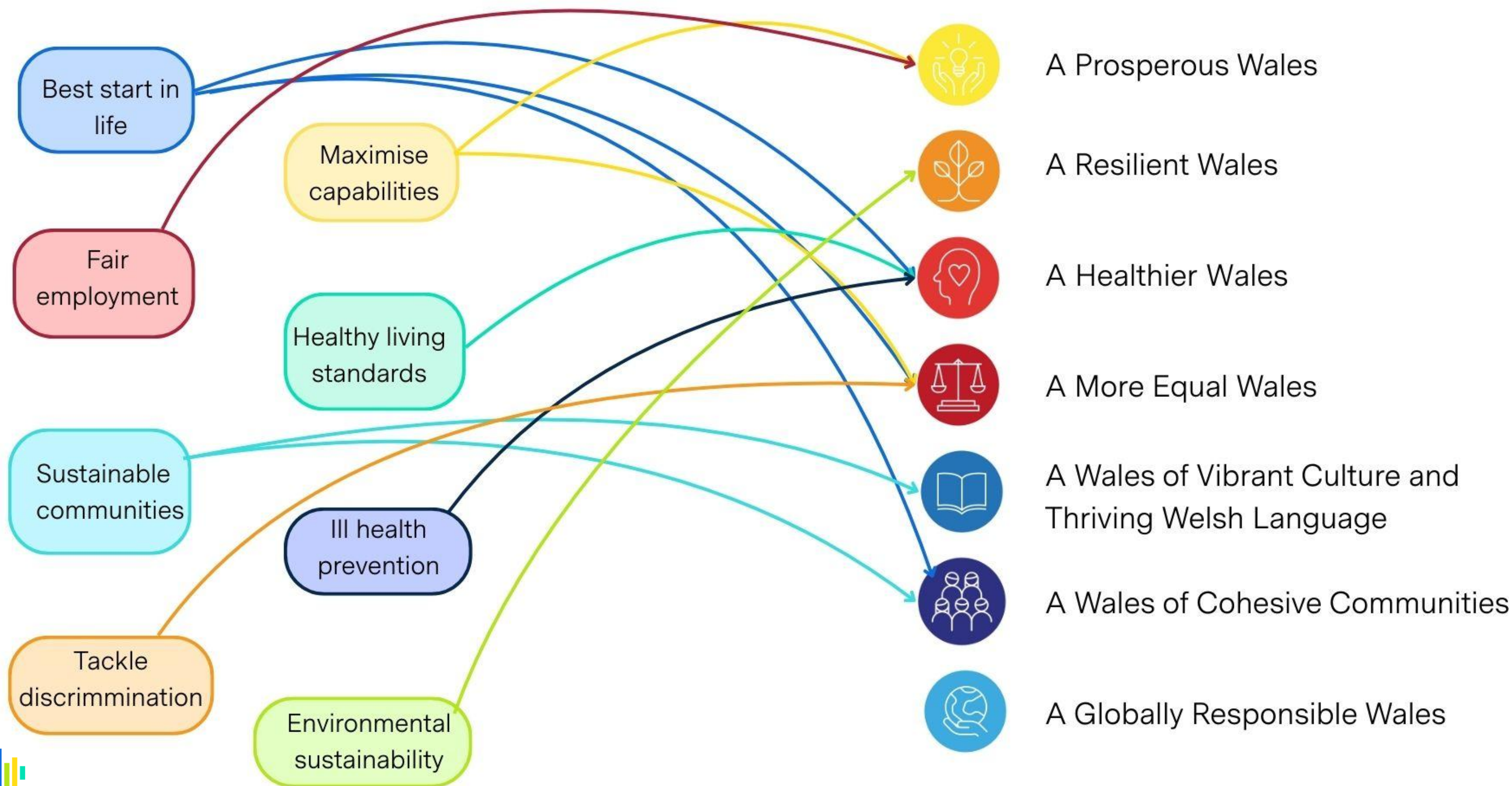
Wyth Egwyddor Marmot

Saith Nod Llesiant



Eight Marmot Principles

Seven Well-being Goals



Welsh Health Equity Status Report initiative (WHESRI)

International learning &
solutions

James Allen
Public Health Scientist

Menter Adroddiad Statws Tegwch Iechyd Cymru (WHESRI)

Dysgu a datrysiadau rhyngwladol

James Allen
Gwyddonydd Iechyd Cyhoeddus

What is it?



Established 2020

First Health Equity Status Report initiative established nationally using the [WHO health equity framework](#).



Mission

To share easily accessible evidence, data, tools and solutions for decision-makers in Wales and globally, to help achieve health equity and contribute towards a healthier, more equitable society.



Partnership

[Memorandum of Understanding](#) between the WHO Regional Office for Europe and the Welsh Government – working together for a healthier, fairer future.

Beth yw e?



Sefydlwyd yn 2020

Y Fenter Adroddiad Statws Tegwch Iechyd cyntaf yn cael ei sefydlu'n genedlaethol gan ddefnyddio [fframwaith tegwch iechyd Sefydliad Iechyd y Byd \(WHO\)](#).



Cenhadaeth

Rhannu tystiolaeth, data, offer a datrysiadau sydd ar gael yn hawdd ar gyfer y rhai sy'n gwneud penderfyniadau yng Nghymru ac yn fyd-eang, er mwyn helpu i sicrhau tegwch iechyd a chyfrannu at gymdeithas iachach a thecach.



Partneriaeth

[Memorandwm Cyd-ddealltwriaeth](#) rhwng Swyddfa Ranbarthol WHO ar gyfer Ewrop a Llywodraeth Cymru – cydweithio er mwyn creu dyfodol iachach a thecach.

The Five Essential Conditions

Y Pum Amod Hanfodol

	1. Health and health services Policies that aim to ensure availability, accessibility, affordability and quality of preventative and health care services and interventions. <i>For example, health protection, health promotion and improvement, primary, secondary and scheduled care.</i>
	2. Health and income security and social protection Policies that aim to provide economic security and support to reduce the health and social consequences of poverty and low income throughout a person's life. <i>For example, financial support for parents, older people or unemployed.</i>
	3. Health and living conditions Policies that aim to ensure opportunities for, and access and exposure to living conditions and environments that have a positive influence on people's health and well-being. <i>For example, planning, good quality and secure housing, clean air, green spaces.</i>
	4. Health and social and human capital Policies that aim to develop and strengthen social relations and community assets, including education, skills, community resources and meaningful social interactions to promote learning, and protect and promote health and well-being throughout a person's life. <i>For example, improving training, apprenticeship, building community cohesion and resilience, trust, sense of belonging.</i>
	5. Health and employment and working conditions Policies that aim to improve the health impact of employment, working conditions and workplace equality. <i>For example, availability of work, a living wage, physical and mental demands, ensuring health and safety at work.</i>

	1. Iechyd a gwasanaethau iechyd Polisiâu sy'n ceisio sicrhau argaeledd, hygyrchedd, fforddiadwyedd ac ansawdd gwasanaethau ac ymyriadau ataliol a gofal iechyd. <i>Er enghraifft, amddiffyn iechyd, hybu a gwella iechyd, gofal sylfaenol, eilaidd a gofal wedi'i drefnu.</i>
	2. Iechyd a diogelwch incwm a diogelu cymdeithasol Polisiâu sy'n anelu at ddarparu diogelwch a chefnogaeth economaidd i leihau canlyniadau iechyd a chymdeithasol tlodi ac incwm isel trwy gydol oes unigolyn. <i>Er enghraifft, cefnogaeth ariannol i rieni, pobl hŷn neu'r di-waith.</i>
	3. Iechyd ac amodau byw Polisiâu sy'n ceisio sicrhau cyfleoedd ar gyfer amodau byw ac amgylcheddau sy'n cael dylanwad cadarnhaol ar iechyd a llesiant pobl, a mynediad atynt. <i>Er enghraifft, cynllunio, tai diogel o ansawdd da, aer glân, mannau gwyrdd.</i>
	4. Iechyd a chyfalaf cymdeithasol a dynol Polisiâu sy'n ceisio datblygu a chryfhau cysylltiadau cymdeithasol ac asedau cymunedol, gan gynnwys addysg, sgiliau, adnoddau cymunedol a rhyngweithiadau cymdeithasol ystyrlon i hyrwyddo dysgu, ac amddiffyn a hyrwyddo iechyd a llesiant trwy gydol oes unigolyn. <i>Er enghraifft, gwella hyfforddiant, prentisiaethau, adeiladu cydlyniant cymunedol a chydnerthedd, ymddiriedaeth, ymdeimlad o berthyn.</i>
	5. Iechyd a chyflogaeth ac amodau gwaith Polisiâu sy'n anelu at wella effaith cyflogaeth, amodau gwaith a chydaddoldeb yn y gweithle ar iechyd. <i>Er enghraifft, argaeledd gwaith, cyflog byw, gofynion corfforol a meddyliol, sicrhau iechyd a diogelwch yn y gwaith.</i>

Understanding inequalities

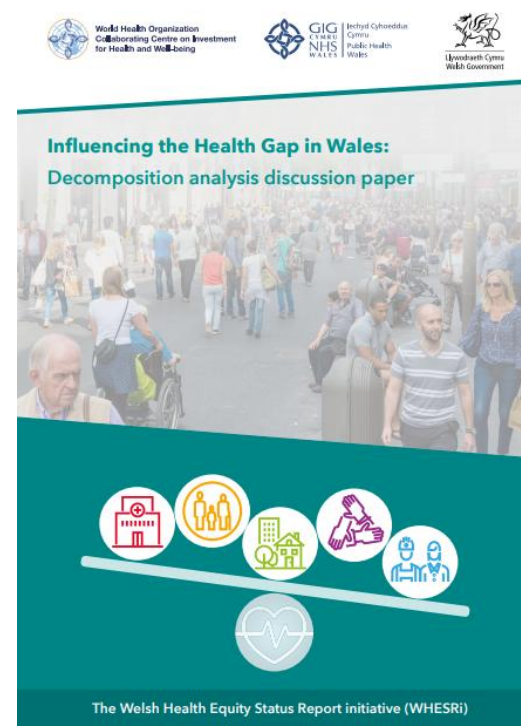
- We take methods applied internationally to understand inequalities here in Wales.
- This has allowed us to research the drivers of health inequality in Wales and the extent to which they influence.

Influencing the Health Gap in Wales

[Academic publication](#)



[Public Health Wales Report](#)



Deall anghydraddoldebau

- Rydym yn defnyddio dulliau a ddefnyddir yn rhyngwladol i ddeall anghydraddoldebau yma yng Nghymru.
- Mae hyn wedi ein galluogi i ymchwilio i'r ffactorau sy'n achosi anghydraddoldebau iechyd yng Nghymru ac i ba raddau y maent yn eu dylanwadu.

Dylanwadu ar y Bwlch Iechyd yng Nghymru

[Cyhoeddiad academiaidd \(Saesneg yn Unig\)](#)



[Adroddiad Iechyd Cyhoeddus Cymru](#)



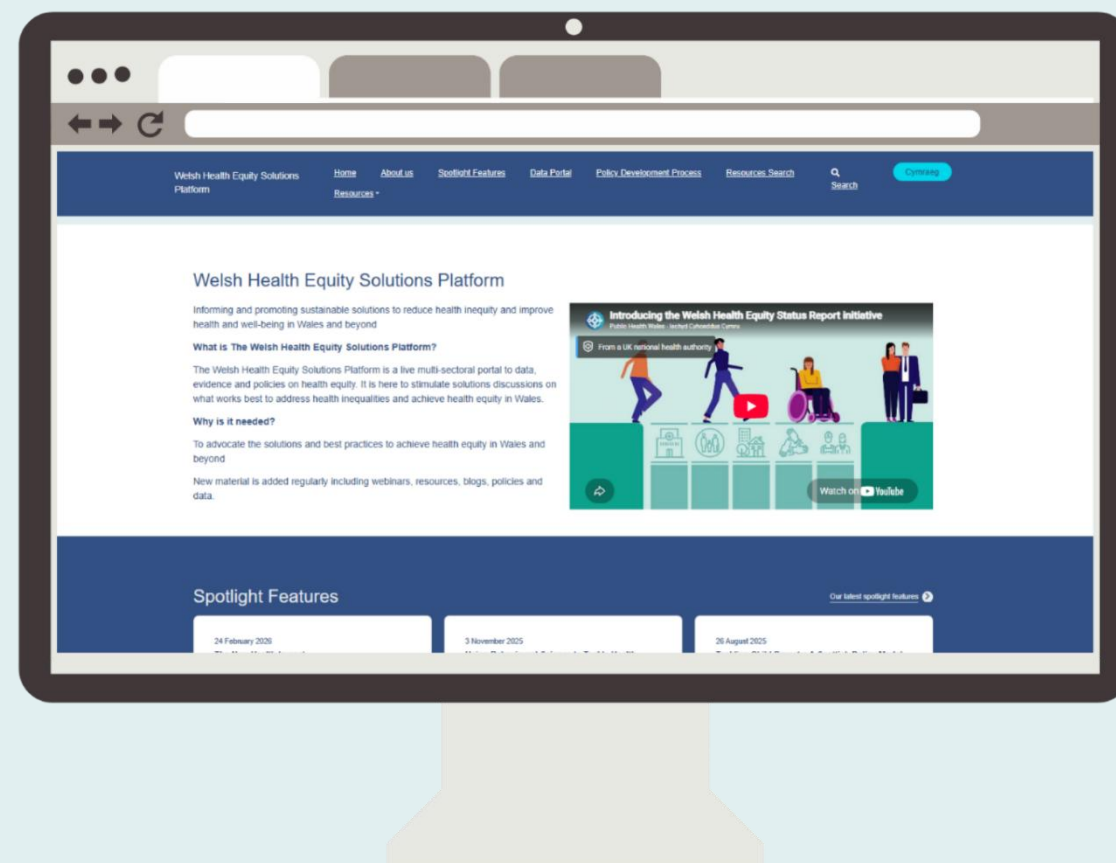
Welsh Health Equity Solutions Platform (WHESP)

From evidence to solutions

WHESP is an advocacy tool and gateway to:

- Data
 - Evidence
 - Policies
 - Health Economic and modelling
 - Good practice
 - Practical solutions
- **Current priorities:** gender equity; women's health; 'Marmot nation'.

DATA + EVIDENCE + POLICY + INTERNATIONAL LEARNING + SOLUTIONS



Llwyfan Datrysiaidau Ecwiti Iechyd Cymru (WHESP)

O dystiolaeth i ddatrysiaidau

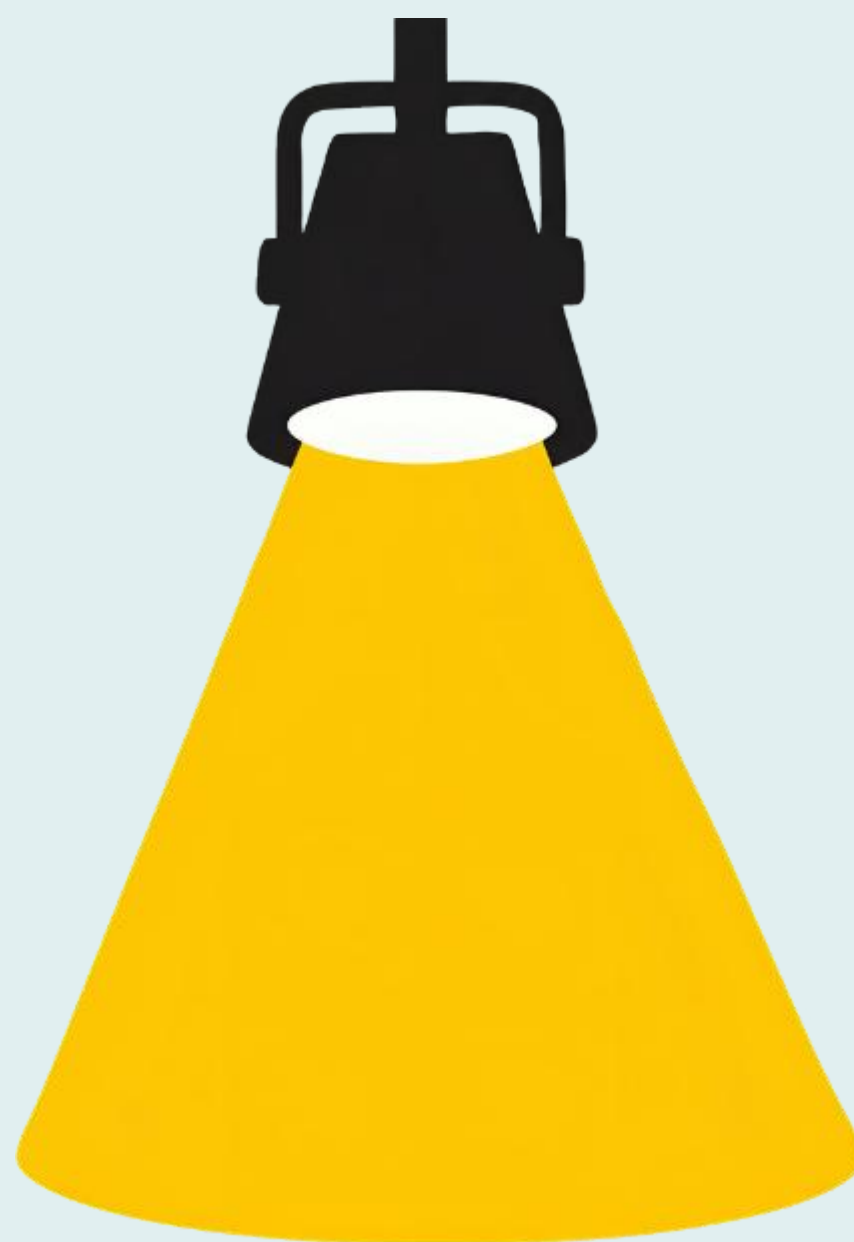
Mae Platfform Datrysiaidau Tegwch Iechyd Cymru (WHESP) yn offeryn eiriolaeth ac yn borth i'r canlynol:

- Data
 - Tystiolaeth
 - Polisiâu
 - Economeg Iechyd a Modelu
 - Arferion da
 - Datrysiaidau ymarferol
- **Blaenoriaethau presennol:** tegwch rhywedd; iechyd menywod; 'Cenedl Marmot'.

DATA + TYSTIOLAETH + POLISI + DYSGU RHYNGWLADOL + DATRYSIADAU

Welsh Health Equity Solutions Platform (WHESP) Spotlight feature [blogs](#)

- We publish 'spotlight feature blogs' which give stakeholders the opportunity to learn about work and initiatives from elsewhere that aim to close health gaps.
- Example spotlight features:
 - Gender equity
 - Health Impact Assessment (Wales) Regulations
 - A Scottish policy model for child poverty



Llwyfan Datrysiaadau Ecwiti Iechyd Cymru (WHESP) [Blogiau](#) sbotolau sy'n cael sylw

- Rydym yn cyhoeddi 'blogiau sbotolau' sy'n rhoi cyfle i randdeiliaid ddysgu am waith a mentrau o fannau eraill sy'n anelu at gau bylchau iechyd.
- Enghreifftiau o flogiau sbotolau:
 - Tegwch rhywedd
- Rheoliadau Asesiadau o'r Effaith ar Iechyd (Cymru)
 - Model polisi o'r Alban i fynd i'r afael â thlodi plant



Convening & mobilising through webinars

- Bring together diverse voices
- Create space for shared learning
- Translate evidence into practice
- Connect Welsh and international perspectives
- Build relationships and momentum
- Mobilise action
- **Most recently:** convened a webinar focused on **gender equity and its influence on health and wellbeing.**



Cynnull ac ysgogi drwy weminarau

- Dod â lleisiau amrywiol ynghyd
- Creu lle ar gyfer dysgu ar y cyd
 - Trosi tystiolaeth yn ymarfer
- Cysylltu safbwyntiau Cymreig a rhyngwladol
 - Meithrin perthnasoedd a momentwm
 - Ysgogi gweithredu
- **Yn fwyaf diweddar:** trefnu gweminar yn canolbwyntio ar **degwch rhywedd a'i ddylanwad ar iechyd a llesiant.**

Wales learning from the world, and contributing back

Cymru yn dysgu gan y byd, ac yn cyfrannu'n ôl



Get in touch

If you have insights to share, examples of work you're proud of, questions you're exploring or ideas for collaboration, we'd love to hear from you.

Whether you're working at a local, regional, or national level, your perspective matters. Get in touch to:

- Share practice, research, or lived experience
- Highlight innovative projects or partnerships
- Suggest topics for future blogs
- Explore opportunities to work together

You can contact us at
solutionsplatform@wales.nhs.uk.

Let's continue the conversation and work together to reduce health inequalities.

Cysylltwch â ni

Os oes gennych fewnwelediadau i'w rhannu, enghreifftiau o waith rydych chi'n falch ohono, cwestiynau rydych chi'n eu hystyried neu syniadau ar gyfer cydweithio, byddai'n braf clywed gennych chi.

P'un a ydych chi'n gweithio ar lefel leol, ranbarthol neu genedlaethol, mae eich safbwynt yn bwysig. Cysylltwch â ni i:

- Rannu ymarfer, ymchwil, neu brofiad bywyd
- Amlygu prosiectau neu bartneriaethau arloesol
- Awgrymu pynciau ar gyfer blogiau i ddod
- Edrych ar gyfleoedd i weithio gyda'n gilydd

Gallwch gysylltu â ni yn
solutionsplatform@wales.nhs.uk.

Dewch i ni ddal ati i siarad a gweithio gyda'n gilydd i leihau anghydraddoldebau iechyd.